



St. Gemma's Hospice, Leeds

newsletter

Liz Dawn Brings a Smile to Patients



Photo shows Liz Dawn giving her bouquet away to Hospice patient Patricia Jakeways.

It was a family affair for ex-Coronation Street star Liz Dawn, who opened the St. Gemma's Hospice Garden Party this summer.

Liz met up with her son, daughter, niece and granddaughter at St. Gemma's as they came together to remember her sister, Maisie, who died at the Hospice in December 2006. As soon as Liz had opened the Garden Party the family were reunited in Maisie's memory. Liz said, 'St. Gemma's is very special to us because Maisie passed away here. Maisie died at the Hospice about eighteen months ago and I just thought, I hope I don't get upset coming back. This is the first Garden Party I've been to and we've had a lovely time.'

Last year, gifts in Wills paid for the running costs of St. Gemma's Hospice for almost 3 months. See inside for more details about how you could help St. Gemma's by remembering the Hospice in your Will.

Liz, who now lives in Manchester, was brought up in Leeds and played Vera Duckworth in the long-running soap for more than 30 years, slightly longer than St. Gemma's Hospice has been in existence.

After the event, Liz shared a laugh with Hospice patients and visitors who were eager to meet her. She spent time chatting with patients including Patricia Jakeways from Roundhay who said afterwards, 'I was just so astounded and overwhelmed to meet her. I never expected to meet her and thought she was so warm and witty.'

Donate Card

You won't be saving people's lives but you'll be helping them enjoy the life they have left.

Let your solicitor know your wishes.

The Great Outdoors

The Hospice gardens are magnificent all year round, but it is especially nice to see patients and their visitors enjoying the therapeutic surroundings during the summer months. With accessible pathways, water features and stunning displays, the gardens are purposefully designed to provide an inspiring haven for all to enjoy. We are always keen to further enhance our award winning gardens and new developments are planned this autumn such as a pagoda and Mediterranean garden. We are also excited about plans for a new labyrinth which will add an interesting new dimension to our grounds. Watch this space!



Reflections on 6 months

by Tom Keating, Spiritual Care Co-ordinator



Tom chats with patient, Ivan Isaac

'When I started in February, I thought I had some idea of what St. Gemma's was about. Like most people in Leeds, I had a notion of a place that everybody loves even if they don't know why; where the work of the Hospice is carried out to very high standards; and of a place which occupies a fond spot in the affections of Leeds as a city.

My initial impression, since confirmed in many ways, was of the welcome you receive upon entering the doors of St. Gemma's. Everyone you meet has a smile, a word and a

welcoming acknowledgment of your presence. I have never known this to waver amongst staff all across the Hospice, all doing totally different jobs but with the same attention to the presence of others. At this stage, I think this represents the good nature of people drawn by whatever spirit to work here, an embracing, welcoming, caring nature which pulses through every aspect of the Hospice. The affection in which St. Gemma's is held is only people responding to this goodness which is the essential heart of the Hospice.

After arriving I was set out on the path of my induction programme, meeting people doing all the different jobs and carrying out all the tasks which make the Hospice tick! What was most striking, apart from the diversity of activity, was the care people gave to their work. The pursuit of excellence seems to be another common trait in people working here. That St. Gemma's name is a byword for excellence from clinical work to hospitality to gold medal winning gardens and in all spheres of its life, is a tribute to all the staff who work so diligently to make it so.

Above all else, St. Gemma's is known as a place where people know respect and dignity as they face the most difficult questions life offers. The special ethos of St. Gemma's which is at the heart of every department of the Hospice, values these questions and the unique way in which each individual searches for meaning in their lives. This is done in the most human way by the goodness and dedi-

cation for care that everyone encounters here. On countless occasions in my short time here families, both patients and carers, have expressed their appreciation of the care shown to all by the staff here.

The question has often been put to me by people outside the Hospice about how we cope with the issues we face. Many people imagine an atmosphere of morbidity around death and end of life issues. Anyone, who cares to come through the doors of St. Gemma's will find an atmosphere concerned with living in the present, with being really alive in the now, and an air of vitality amongst staff which I have never encountered in any other arena in my working life.'

Gardens of Hope

St. Gemma's Hospice has created four virtual Gardens on our website, called the Gardens of Hope. People are invited to plant a virtual flower in one of the gardens and leave a personal dedication to a loved one.

The flowers in the virtual Gardens of Hope will bloom all year round. There are four gardens to choose from: the Lily Pond, the Rose Garden, the Crocus Field or the Clematis Wall.

For further information you can either contact Gail on 0113 218 5506 or view: www.st-gemma.co.uk/gardensofhope/main.htm



The St. Gemma's Hospice In-Patient Unit cares for patients 24 hours a day, 365 days a year. A specially trained and very dedicated team of Consultants, Doctors, Nurses and Healthcare Assistants provide a full complement of services, round the clock, ensuring the very best in palliative care.

All the patient rooms in the In-Patient Unit look out over our award winning grounds and provide a light, bright and attractive environment for all our patients – a home from home. Care is tailored to the specific needs of individual patients. In addition to our nursing staff, patients can see an Occupational Therapist, Physiotherapist, Social Worker and Complementary Therapist. All our patients have access to specialist profiling beds, providing the best in comfort and manoeuvrability, plus specialist profiling mattresses for those that need them. A patient's relative said

of the In-Patient Unit, "While my husband was at St. Gemma's, I never felt any misgivings when I had to leave him – we both knew there was no better place for him and the care he received could not be matched".

It costs £355 to provide a day of care for a patient in the In-Patient Unit. This pays for the doctor, nurses, medication, food, laundry and so forth that a patient receives in one day. We are looking for 365 individuals and/or companies to sponsor either a day of care at £355 or a weekend of care at £710. You can sponsor a specific date(s) if you would like (subject to availability). In return, sponsors will receive:

- ✦ a framed certificate to keep
- ✦ your name on the roll of honour of sponsors which will hang all year round at the entrance to both our wards
- ✦ on the day/weekend you have sponsored, your name will be featured on a special framed notice in the Hospice reception
- ✦ your name on the roll of honour in our quarterly newsletter

Payment can be made in one, five or ten instalments. If you or your company are interested in sponsoring a day of care at St. Gemma's, please contact Elizabeth: elizabethb@st-gemma.co.uk or 0113 218 5575.



Autumn reflection



On the Autumn equinox day and night are of equal length. This signals a balance between light and dark within the cycle of nature and perhaps also within ourselves. For growth, both darkness and light are equally necessary. In Autumn too, we are reminded by nature that 'letting go' is an important part of the cycle of life. It can be a time for releasing things that have become a burden so that we can grow in inner freedom. Autumn with its beauty, its rich colours and sounds also reminds us of the fleeting nature of things. It reminds us of the importance of cherishing and appreciating each day and living every day to the full.

A labyrinth, which will soon be part of the Hospice garden, is designed to help us consider the journey of life. Distinct from a maze, which causes confusion, a labyrinth is designed to help us find our way. There is only one path from the outer edge to the centre and back again. Walking the labyrinth can enable us to find strength in difficult times, can help reduce stress and can help us to symbolically let go of burdens thus enabling that autumnal freedom to become part of us. In walking the labyrinth we are invited to trust the path, let go of conscious control and open up to the inner dimension of ourselves, wherein are the resources, to help us become grounded and calm.

Brigid Murphy, Director of Spiritual Care

Art Exhibition

Thursday 30th October to

Saturday 1st November 10am-6pm

Sunday 2nd November 10am-4pm

At The Grammar School at Leeds, Alwoodley.

St. Gemma's Hospice Art Exhibition is in its eighth year and has now become a major showcase for both professional and amateur artists to exhibit their work and, in turn, raise valuable funds for the Hospice. Over 750 paintings will be on show and everyone will have the opportunity to buy from a huge variety of styles and prices. 20% of the price of each painting will go towards St. Gemma's Hospice, last year we raised in excess of £21,000. This is an ideal opportunity to choose a Christmas present with a difference.

For more information, please contact Gail on 0113 218 5506 or email: gailc@st-gemma.co.uk

Doing our Part in Prote

St Gemma's Hospice is an integral part of the local community in Leeds and beyond. We acknowledge that we have responsibilities which extend further than patients, staff, volunteers and donors. It is also part of our overall commitment to good practice to ensure that we operate in an environmentally friendly a manner as possible. We already have a number of initiatives to lower not only our own impact on the environment, but also that of the community we serve.

Fundraising

The Hospice's Fundraising Department raises money through a number of recycling initiatives. Mobile phones and toner cartridges are taken by a company in exchange for a donation to the Hospice and the parts reused or recycled. Foreign coins are also collected, including defunct currencies such as those from the countries in the Eurozone. These are sold to a company who returns them to their country of origin for recycling. We also collect and sell on used stamps. Some fundraising initiatives are in themselves environmentally friendly – for instance the promotion of donations in lieu of Christmas cards or gifts for birthdays and other celebrations.

Charity Shops

A major contribution is made to recycling within the wider community by our chain of charity shops. They provide local people with somewhere to dispose of their unwanted items whilst contributing substantial sums to the Hospice's income. Shops sell all manner of items : clothes, shoes, bags, accessories, books, bric-a-brac, household textiles, records, CDs, videos and even electrical items and small pieces of furniture (selected shops only). Donated items which are unfit for sale are disposed of in a number of ways – most of them environmentally friendly. Textiles (including all clothes), shoes and handbags are sold to rag merchants who sort and grade them, selling on the best, often to Africa and Eastern Europe and recycling the rest. Customers who purchase from the shops help the environment in that the use of second hand goods helps limit the amount of new goods produced. Our shops also now encourage customers to re-use carrier bags, thus reducing the amount of plastic wasted.



Information Technology

We meet all the new regulations on the environmental disposal of IT equipment and also recycle toner cartridges and imaging units. All new PCs for the Hospice are purchased from manufacturers with a proven environmental record. Flat panel monitors, which use much less electricity, are now in use throughout the Hospice.

On-site Recycling

The Hospice has been able to recycle glass for some time and a service run by Leeds City Council has provided 'sort' bins for recycling paper, newspapers, magazines, cardboard, some plastics, tins and cans.

Energy

The Hospice now bids for energy through a specialist company that has a number of years' experience in this ever increasingly complex marketplace. A percentage of the Hospice's energy is supplied through 'green' sources. Boilers, extract systems, and external lighting are seasonally adjusted to save energy. The light bulbs used are energy efficient.

Protecting the Environment



Environmentally friendly methods of pest control and feed and weed materials are used. Three areas of 'natural' growth in the gardens have been developed, where meadow grasses and wild plants are encouraged and which attract butterflies and other wildlife. The Victorian Greenhouse, as well as its primary objective as a horticultural therapy tool for patients, is now used to produce small numbers of plants grown from seed and cuttings for use in the gardens.



Catering

Lamb, beef and pork are purchased from a supplier local to the Hospice so transportation is kept to a minimum. Wherever possible, other food items are sourced from local suppliers and wastage is kept to a minimum.



The St. Gemma's Hospice Newsletter is produced four times a year and is sent to over 30,000 of our supporters. We hope you find it interesting and informative and if you have any comments we would love to hear from you. If you have a friend or relative who would like to receive a copy of our Newsletter, or if for any reason you would prefer not to receive this or other mail from St. Gemma's, please contact us. You can email: suel@st-gemma.co.uk, call: 0113 218 5555, or write to: Sue Lakie, St Gemma's Hospice, Freepost NEA 9320, Moortown, Leeds, LS17 7YY.

Additionally, the Hospice benefits from a recently refurbished building with relatively new and efficient infrastructure – the old cast iron, inefficient boilers were replaced with newer, more efficient boilers and double glazing has been fitted. Electrical circuits are well maintained, the building is well insulated and there are hydraulic rather than electrically operated lifts, which all contribute to conserving energy to a greater or lesser extent. Solar power is being investigated as a way of further reducing our carbon footprint.

Office Practises

Use of email has substantially cut the use of paper within the Hospice as has a voicemail message system on personal phones. Internal circulation envelopes are well used and the regular upgrading of photocopiers and printers has meant that double sided printing is much more common. Staff turn scrap paper into notepads and PCs are switched off at the end of the working day.

Grounds and Gardens

As much garden waste as possible is composted, which is reused as mulch and compost around the gardens.

Light up a Life

This year we will have two Light up a Life services, the service at the Hospice will take place at 4 pm on Sunday 7th December, the service at Immaculate Heart will take place on Thursday 18th December at 6.30 pm. Information about Light up a Life will feature in our next Newsletter. If you require more information in the meantime please contact 0113 218 5555 or visit our website at www.st-gemma.co.uk.



Dear Sister Brigid

Thank you once again for another wonderful Light up a Life service. It is such a great way of helping families like ours to mark the memory of our loved ones. The hustle and bustle leading up to Christmas can be really difficult for those of us who are bereaved. Christmas appears to highlight the pain of absence even more. This is why the Light up a Life Service means so much every year.

It feels like I am part of a great group of people and I know we are not alone as a family in our grief and loss. Despite the awful weather I am still so glad I came and I will be there again in 2008 with my family and friends.

With best wishes

Jenny

Where there's a Will...

This autumn sees the launch of our new 'Donate Card' campaign asking if people would consider leaving a gift in their Will to St. Gemma's Hospice.

We would like you to keep the Donate Card which is stuck to the front of this newsletter in your purse or wallet to remind you to consider including St. Gemma's in your Will. It will also remind you how thankful our patients are for your kindness.

The concept and design was created free of charge by Principles Agency, to whom we are very grateful. The Donate Cards and Posters with the strapline

'You won't be saving people's lives but you'll be helping them enjoy the life they have left' will appear in local shops and businesses.

In October we are holding our annual Make a Will Month. A number of solicitors in Leeds and the surrounding area are offering a specially reduced rate for St. Gemma's supporters when writing a Will that month. For just £50 you can have a straightforward single Will, or for £75 a straightforward double Will, which is a saving of 20-30% (VAT is chargeable on these amounts).

To take advantage of this offer, fill in and cut out the coupon and arrange an appointment with one of the participating solicitors listed here, letting them know that you have a St. Gemma's Make a Will Month coupon to ensure that you receive the special rate.

- Grahame Stowe Bateson Solicitors
 - Meanwood – 0113 274 4611
- Hartlaw LLP
 - Wetherby – 01937 547 011
- Howard Cohen & Co
 - City Centre – 0113 244 0597
- Ison Harrison Solicitors
 - City Centre – 0113 284 5086
- John Howe & Co
 - Pudsey – 0113 236 3936
- Lee & Priestley Solicitors
 - City Centre – 0845 129 2300
- Lester Morrill Solicitors
 - City Centre – 0113 391 6006
- Lindley Clough
 - Pudsey – 0113 257 0523
- Milners Solicitors
 - City Centre – 0113 245 0852
- Morrish & Co
 - Yeadon – 0113 250 7792
- Shaw Gillis
 - Morley – 0113 252 0331
- Vaughan & Co
 - Adel – 0113 261 1044
- Winston Solicitors
 - Street Lane – 0113 268 8898

No matter how large or small the gift, it won't cost you a penny now, but it will make a difference to the lives of our patients in the future.

For further information about Gifts in Wills or Make a Will Month contact Gail on 0113 218 5506.

Entitlement Voucher

Please complete the voucher and hand it to the solicitor to qualify for the special rates

Title: Forename:

Surname:

Address:

.....

..... Postcode:

Tel: e-mail:

St. Gemma's Hospice, 329 Harrogate Road, Leeds, LS17 6QD
Registered Charity No: 1015941

- Allguard Legal Services
 - Lofthouse – 01924 871 030
- Bromet & Son Solicitors
 - Tadcaster – 01937 832 371
- Clarion Solicitors LLP
 - City Centre – 0113 222 3234
- Elmhirst Solicitors
 - Sherburn in Elmet – 01977 682 219
- Emsleys
 - Rothwell – 0113 201 4900
- Grahame Stowe Bateson Solicitors
 - Bramley – 0113 255 8666

Forthcoming events

Bingo Night – Thursday 11 September

Eyes down! Back by popular demand! Prize Bingo from 7.30 pm at St. Gemma's Conference Centre. For further details contact Anne.

Sunday Sports Challenge – Sunday 21 September

Get sponsored to walk, run or ride in aid of St. Gemma's Hospice. For those of you who have previously taken part in our Harewood Hike, there are 2 mile, 5 mile and 10 mile walks around the Temple Newsam estate, a five mile run will take place and for those who have previously taken part in bike rides for St Gemma's, there will be 15 mile and 40 mile routes starting from Temple Newsam for you to enjoy. This year the event will be bigger, with entertainment, stalls, games, tombolas, refreshments and sports day style race. This year you can bring your supporters along to be entertained while they wait! It also means that if you haven't worn yourself out with the 5 mile walk or the 15 mile bike ride, you can take part in the sack race, try your luck on a tombola or just sit down and be entertained. For details or to register, contact Laura.



Sponsored Zip Slide – Sunday 21 September

Do you consider yourself a daredevil? Would you like to zip over Headingley's Carnegie Stadium – the home of Leeds Rhinos? If you answered yes to either of these questions then taking part in a sponsored zip slide in 2008, St. Gemma's 30th Anniversary year, will be right up your street. You could zip down a steel wire at 30mph from a dizzy height to celebrate the Hospice's 30th birthday. Contact Laura for details.

St. Gemma's Annual Golf Day – Wednesday 24 September

Our annual Golf Day will take place at Moor Allerton Golf Club. After soup and sandwiches in the Club House, you'll then play 18 holes on this stunning course – one of the best in the area. After the golf, it is back to the Club House for a buffet meal and then presentations of the prizes to the winning teams. Teams are for 4 players. Contact Elizabeth for details.

World Hospice Day Tea at Two – Friday 3 October

Join us for an afternoon of tea, shopping and entertainment with an international feel in celebration of World Hospice Day. From 2 pm to 4 pm at St. Gemma's Conference Centre. For further details contact Anne.

Sponsored Skydive – Saturday 11 October

St. Gemma's Hospice are looking for adventurous supporters to sign up for a once in a lifetime experience. We are offering you the opportunity to take part in a sponsored skydive! The jump will take place at Bridlington Airfield and you will need to be available for a full day. For more information and an application pack please contact Fran.



Autumn Fair – Saturday 11 October

Join us at the Hospice on Harrogate Road in Moortown for our annual Autumn Fair between 10 am and 2 pm. With fresh produce and crafts, along with our usual refreshments, stalls, games and tombolas, there's fun for all the family. Contact Fran for details.

Leeds Flag Day – Saturday 11 October

Volunteers needed to help collect across Leeds, no experience necessary just a smile and a comfy pair of shoes! If you can spare an hour or two of your time to help, we would be very grateful. Please contact Anne.

Contact Numbers:

Anne: 0113 218 5565
or annem@st-gemma.co.uk
Laura: 0113 218 5570
or laurar@st-gemma.co.uk
Elizabeth: 0113 218 5575
or elizabethb@st-gemma.co.uk
Fran: 0113 218 5505
or francines@st-gemma.co.uk
Rebecca: 0113 218 5296
or rebeccak@st-gemma.co.uk
Fundraising enquiries: 0113 218 5555
or fundraising@st-gemma.co.uk

Indoor Car Boot – Saturday 8 November

From 10 am to 2 pm at the St. Gemma's Conference Centre. All the stalls are fully booked for this popular sale, but why not come along and bag yourself a bargain? If you'd like to take a stall at a future sale, Anne is now taking bookings for 2009!

The 2008 Winter Ball – Saturday 29 November

Join us for the ever popular Winter Ball under the sparkly ceiling of the LUFU Conference & Events Suite. Guests will be treated to a fizz reception, a sumptuous 3 course meal, dancing to a live 13 piece jazz/swing band and DJ playing requests until 2 am. Fundraising games, spot prizes and much more... all for just £38 per head. Great for your Christmas party, entertaining clients or having fun with family and friends. Last year was a sell out so book early to avoid disappointment. For more details and to book your tickets please contact Rebecca.

International Challenges

Are you in need of an exciting challenge in your life, or are you just longing to travel to beautiful countries? We might have the perfect experience for you: we are offering you the opportunity to take a sponsored trip to places such as Africa, Asia, Europe and the Americas! Experiences include sponsored treks, horse rides, kayaking and bike rides. Please contact Fran for more details.

30th Anniversary Raffle

Thank you to everyone who supported our 30th Anniversary Raffle this summer by selling or buying tickets. We have raised over £33,000 for the Hospice so far.

The annual Hospice Garden Party raised a magnificent £6,000 towards patient care, despite the unseasonal weather. Thank you to everyone involved.



Mr Manku and friends run their popular stall

We have an Autumn Fayre on Saturday 11th October and a Christmas Market on the 5th and 6th December. Would you like to hold a stall with proceeds coming to St Gemma's or could you give something to make our stalls more profitable? For further information contact Fran.

Thanks with a capital Tee

Cross Green based company, Lawcris Panel Products, have adopted St. Gemma's as their chosen charity for 2008 and on 18th July held a Golf Day at Oulton Hall, in aid of the Hospice, raising an amazing £10,000.

The Golf Day was held in memory of former Lawcris employee Paul Grange, who sadly passed away in St. Gemma's last year. Paul, a very keen golfer, was cared for at St. Gemma's during the last weeks of his life.

Hal Eccles, Organiser of the Golf Day at Lawcris said, "When I and other friends of Paul visited him at St. Gemma's, we were overwhelmed by how amazing the care was and how dedicated, professional and friendly the nursing staff were. We saw first hand what a difference St. Gemma's makes to patients' lives and so it was natural for us to choose to support this wonderful charity this year. Paul is very

much missed by his colleagues and it is a testament of how highly he was



thought of that we managed to raise such a fabulous amount of money for St. Gemma's which we know will be very well spent on the patients in their care".

Pictured are winning team.

From left: Chris Owen, Lee Smith, Mark Rhodes and Simon Edwards, presented by Lawcris' Chairman, Chris Hopton (centre).



St. Gemma's charity shops will raise over £1.7 million this year, providing a massive contribution to the cost of caring for our patients and their families. One of the most vital ingredients in the shops' success is having enough good quality stock to sell. We gather this stock in many ways, but our main source is through 'house to house collections' – where we post a plastic bag through your letterbox, asking you to fill it for us and collect it a few days later.

As most people know, there are lots of charities out there collecting stock in this way, but did you know that not all charities make the most of those donations? At St. Gemma's, we raise an average of £2,800 per tonne of stock collected in this way. Some charities are receiving as little as £20 per tonne. This is because they are working alongside commercial rag merchants, who effectively 'buy' the use of the charity's name in order that they can collect from house to house. The rag merchants then make a donation to the charity for use of the name – and in almost all cases, this is for a much reduced amount of money than if the goods were processed via a charity shop.

At St. Gemma's, every item that is donated to our shops is checked thoroughly and priced appropriately so that we make the most money possible for our patients. Items we can't sell (either for legal or quality reasons) are recycled wherever possible and we are currently working on reducing our waste even more. You can be sure that every item you donate to our shops, either directly to the shop or via your doorstep for our driver to collect, will be gratefully received and properly valued.

We currently post out around 4,000 bags per week across the Leeds area, so please do look out for one through your letterbox and save your goods for a charity you know will make the most of them – as well as spending the money we raise from them in your local area. If you don't receive a bag, but would like to donate, you can always take your items into one of our 17 shops. You can find the full list of their locations at www.st-gemma.co.uk or in the phone book. Alternatively, if you would like us to visit your company, school, church, social group, etc to arrange to collect a number of donations, then please contact one on 0113 218 5281.

Heartfelt thanks

To our sponsored abseilers and all those people that came along to or helped at our Garden Party. Thanks to our Yellow Walking schools, Hovingham Primary, Our Lady's Catholic Primary, Hillcrest Primary, the Dexter Pub, Leeds Medics, St Mary's School in Menston, the Station Hotel in Crossgates, Thomas Danby College, St Nicholas' Church, Lower Wharfedale Rotary Club, the Monday Club, Swillington, Leeds Masonic Charities, Jean Smith, Swarcliffe Primary School, the Fox And Hounds, Garforth Community College, Maggie Poppa, all the people who kindly opened their gardens in aid of the Hospice and all the volunteer helpers, Leeds Horticultural society, Collingham Gala and Shadwell Flower Show. Thanks to all who participated in our 'It's A Knockout' event and the 720 fantastic rowers who took part in the 28th annual Windermere Row, David Bewsher and Nigel Wilkinson at Windermere Lake Cruises, Lawcris Panel Products, Denney O'Hara, Grant Thornton, Yorkshire Bank, KPMG, Millennium Recruitment, Wood Mitchell Building Group, Mr Morris Marcus and Gala Casino, First West Yorkshire, Principles Agency, Origins Healthcare and the Queens Hotel in Leeds for kindly inviting St. Gemma's patients and volunteers to attend their afternoon tea event on Yorkshire Day.

Save £££'s on your phone bills and support St. Gemma's

By switching your telephone call provider to Euphony, you could get most of your telephone calls, including international calls for just £1.00 per month. What's more, you would be helping St. Gemma's Hospice as we receive a donation if you sign up to Euphony which won't cost you a penny. For more information about Euphony and how you can benefit both yourself and the Hospice, please call Elizabeth on 0113 218 5575.

Year in Review 2007-8

St. Gemma's Hospice 'Year in Review' booklet is now available if you would like to find out what has happened at St. Gemma's in the past year.

To obtain a copy, free of charge, please contact Sue on 0113 218 5555 or email: suel@st-gemma.co.uk.