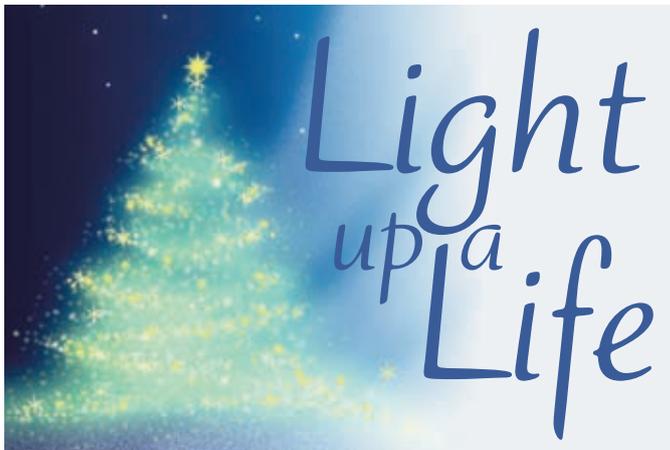


Winter 2007



St. Gemma's Hospice, Leeds

# newsletter



## Little things that make a difference

Norma Barnes' parents, Joan and Ron, were both cared for at St. Gemma's last year. Here she tells us how the Hospice helped them and how Light up a Life has helped her.

“My mum and dad both loved the Day Hospice and made many friends. They were looked after not only in a medical capacity – with regular check ups – but also on a personal level. They were waited on hand and foot while they were there and made to feel special. I always tried to improve their quality of life by taking them out but even when it became difficult for me to do anything to cheer them up, St. Gemma's still managed to do things to make life better. *continued overleaf...*”



Some of the sponsored lights at St. Gemma's

If you would like to sponsor a light on the St. Gemma's Christmas trees, complete the form opposite and send it in to the Hospice at the address given. Alternatively visit [www.st-gemma.co.uk](http://www.st-gemma.co.uk) or call 0113 218 5555.



The printing of this newsletter has been kindly supported by Stratstone Honda, Whitehall Road, Leeds 0113 389 1480

## LIGHT UP A LIFE 2007

St. Gemma's Hospice invites you to celebrate the memory of your loved ones, or honour someone special in your life, by supporting this year's Light up a Life Appeal. You can dedicate a light on our Christmas trees by using the form below. For each donation we will send you a personalised dedication certificate for you to keep or to pass on to the person you have honoured. You will also be invited to join us for the candlelit carol service which takes place at the Hospice on Sunday 2nd December at 4 p.m. Your kind donation will allow us to continue caring for the hundreds of local people in need of our special care each year.

Your title   
Your name   
Address   
Postcode   
Telephone

Number of lights you wish to sponsor

My Light is in memory of : (Please print clearly)

1   
2   
3   
4

or My Light is a greeting to :

1   
2   
3   
4

Number attending the ceremony

Number attending the Immaculate Heart

I enclose £   
(cheques payable to St. Gemma's Hospice)

I wish to pay by: debit card  issue no   
credit card

Card number

Valid from  /  /  Expires  /  /

Holder's name

Signature

Date  /  /

Add 28% to the value of your donation  
Under the new Gift Aid scheme we can reclaim the tax on all donations from U.K. taxpayers. This means we can increase the value of each donation by 28p for every pound you give. All you need do is tick the box below. We will do the rest.  
Yes  please treat any donations I have made in the past 6 years, and all future donations I make, as Gift Aid.

You must pay an amount in income tax or capital gains tax at least equal to the tax the Hospice reclaims on your donation in the tax year.

Please send this form in an envelope marked Light up a Life to : St. Gemma's Hospice, FREEPOST NEA9320, Leeds, LS17 7YY

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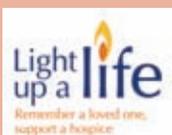
Because of the wonderful staff and surroundings at the Hospice, some of the fear was taken away near the end for all of us. We all felt looked after too when mum and dad were on the wards. There was always someone willing to spend time with us and answer any questions. Mum and dad both died with dignity and had happy times right up to the end.

Because of all this, the memories of their last few weeks were not just of how ill they had become but include happy times that made them smile and us able to share their good experiences. Having the Hospice caring for my parents made a bad experience much nicer and easier to cope with.

I sponsored some lights last year and went to the Light up a Life ceremony which I really enjoyed. I didn't know what to expect of the ceremony but would recommend it to anyone, it was a very special event. Everyone was given a lighted candle and we all stood together to sing carols and listen to uplifting words from speakers and music from a brass band. It was good to share the occasion with all the other families, knowing we had all been through the same thing. It felt like a celebration of all those people represented by the candles and the twinkling lights in the trees.

Christmas to us has always been a time for traditions and one of ours was always to spend Christmas day with mum and dad. Now that we can't do this it's nice to be able to have a new tradition of coming to the Light up a Life ceremony. At least a part of Christmas feels as though it is spent with them as it felt they were there at the event with us. By making a donation I feel as though I am buying them a Christmas present, so they haven't been crossed off my Christmas list. ”

**STOP PRESS** – We will be holding a ticket only indoor ceremony on Tuesday 18 December at the Immaculate Heart Church. Please mark on the form should you wish to attend.



## St. Gemma's Gardens Have the wow Factor!



St. Gemma's gardens are an important and integral part of the Hospice grounds, so it is with great pleasure that we inform you that we have been awarded gold in this year's Yorkshire in Bloom awards. The judges said that, "The whole garden has the 'wow' factor".

The Hospice gardens are used by patients, visitors and staff for a whole range of things; a quiet place to relax, a chance to get some air or a little light exercise and even a place for children to play.

Of particular mention by the Yorkshire in Bloom judges were the bereavement garden, which is a tranquil place used for quiet contemplation, the Victorian-designed greenhouse, where patients are encouraged to use their green fingers and the herb garden and vegetable patch used by the Hospice chefs.

St. Gemma's has always been very proud of its gardens and it is the hard work and dedication of our gardeners Denis and Reg, our maintenance team and the gardening volunteers who we can thank not only for the gold award but also for ensuring that we were top in our category.

The Yorkshire in Bloom judges commented that, "Pride abounds in the whole garden" and that there is, "Lots of help to maintain perfection" and we couldn't have put it better ourselves. Well done to the gardening team!

The St. Gemma's Hospice Newsletter is produced four times a year and is sent to over 23,500 of our supporters. We hope you find it interesting and informative and if you have any comments we would love to hear from you. If you have a friend or relative who would like to receive a copy of our Newsletter, or if for any reason you would prefer not to receive this or other mail from St. Gemma's, please contact us. You can call 0113 218 5555, e-mail [suel@st-gemma.co.uk](mailto:suel@st-gemma.co.uk) or write to Sue Lakie, St. Gemma's Hospice, Freepost NEA 9320, Moortown, Leeds, LS17 7YY.

Dear Catholic Post readers,

Some of you may receive this quarterly newsletter from St. Gemma's Hospice with your edition of the Catholic Post. From Spring 2008 we will stop inserting the St. Gemma's newsletter into the Catholic Post. We hope that you will want us to keep in touch so if you wish to continue receiving this newsletter and hearing what goes on at St. Gemma's, please call Sue Lakie on 0113 218 5555 or email [suel@st-gemma.co.uk](mailto:suel@st-gemma.co.uk) to ensure that we are able to send you a copy directly.

# One day you finally knew what to do and began

The well known American poet, Mary Oliver writes in one of her poems, “One day you finally knew what you had to do and began!” Dreams and goals are part of life for the majority of us and many day dream about all they could do if they had the time or the money or both! The news of the diagnosis with a life threatening illness will affect each individual differently but for many people it stimulates them to achieve their dreams and goals with greater determination. At St. Gemma’s we are inspired daily by witnessing that courage and tenacity among patients as they plan and work to achieve their goals.

For some it is realising the dream of lifetime as it was for Diane who published her book of poetry recently. For others, it is finding a way of saying, ‘thank you, I’m sorry, forgive me and goodbye.’ As a patient who recently invited my help with finding readings for a celebration of her life that she could share with family and friends, prior to her death, in what was a most moving service. For others it may be the piece of creative work done in the quietness of the art room prepared with love and care for a child or grandchild to treasure as part of a memory box. Some take on bigger projects such as the lady who completed the translation of a book and died just a few days after she had seen how the illustrations looked.

For some these goals are more in the public domain with an impact on the wider community so they not only inspire family and friends but the wider society. In facing up to the prospect of death (which is a certainty for all of us) they live life to the full and in so doing inspire others to find purpose. Jane Tomlinson, who died in St. Gemma’s and known far and wide for the difference she has made as a fundraiser, has shown immense courage and determination not just by what she achieved but by placing the reality of death at any age on the public agenda and thereby breaking a taboo.

Tributes before and after her death show beyond doubt that she has been an inspiration. She stands out because she was a public figure and she challenged many widely held perceptions that having a life limiting



illness means living without purpose. Jane demonstrated, as many patients do, that it is still possible to live life to the full but the goals will be unique to each individual. But ultimately, as Mary Oliver says in another poem,

‘To love in this world we must be able to do three things: to love what is mortal; to hold it against your bones knowing your own life depends on it; and, when the time comes to let go, to let go.’

Jane, like all the patients who come to the in-patient unit, was afforded the privacy and quietness that she and her family needed for that final letting go and we are immensely grateful to Jane and to all our patients who inspire and challenge us to live our own lives to the full in the unique way that is right for each of us.

Mindful that this is our winter newsletter and that Christmas and Hanukkah and Divali, all celebrations of light, will be celebrated over this period we want to assure all our readers who are recently bereaved that you are remembered in the daily prayers offered in the Hospice at this time of year. *Brigid Murphy*

## A wish for all our readers

There is an old Christian tradition that God sends each person into this world

- with a special message to deliver
- with a special song to sing for others
- with a special act of love to bestow

No one else can

- speak my message
- sing my song
- offer my act of love

These are entrusted only to me.

According to this tradition, the message may be spoken, the song sung, the act of love delivered

- only to a few,
- or to all the folk in a small town,
- or to all the people in a large city,
- or even to the whole world

It all depends on God’s unique plan for each person.

At this time of winter darkness, many faiths celebrate festivals of light, recalling stories and parables of the different traditions. At Christmas the Christian tradition recalls the fact that God so loved the world that he sent his Son into the world for us.

We at St Gemma’s want to say to you, our readers of whatever faith or none, that your message of support has been heard, that your song of generosity has enabled us to continue to be home from home and that your giving brightens the days of those who need the care the Hospice provides whether in their own homes, in the Day Hospice or the In-patient Unit. Thank you for your message, your song, your generous giving.

Every blessing for 2008





### Chairman of the Board announces his retirement

Professor Gerald Richards has announced that he will be retiring both as Chairman of the Board and as a St. Gemma's Hospice Trustee in October.

He has served the Hospice from the beginning, as a member of the Advisory Board before becoming Chairman of the board, twelve years ago in 1996. Prof. Richards was one of the first visitors to the Hospice in 1978, when he was Professor of Community Medicine at Leeds University and Chairman of the Yorkshire Regional Health Authority Task Group.

He brought his personal experience of St. Gemma's to his university colleagues and students and he brought the breadth of his work in Community Medicine and his academic knowledge and research to the Hospice. Over the years, Prof. Richards has shown a steadfast commitment to the ethos and vision of St. Gemma's Hospice. We are extremely grateful for all of his help and advice over the years and we wish him and his wife Geraldine all the very best for the future.

Mr. David Simpson, who is currently Deputy Chair, will take over as Chairman of the Board.



## Profile on Day Hospice volunteer, Brian Binns

Over the past three years I have been one of the volunteer members of the Day Hospice team, working alongside the nursing staff meeting the general needs of our patients. Being a volunteer in the Day Hospice is often fun but it is always rewarding. Whilst there are many services and activities on offer, our main object is the patients' comfort and care. There is no rush in the Day Hospice and everything is done at the patient's own pace. Many just want to relax, talk and have a natter, so it is important that we volunteers are good listeners.

Recently I was privileged to be asked to lead a focus group at the Day Hospice to gain the patients views on décor, furnishing and other aspects linked in with the Day Hospice's forthcoming changes. The interest shown was very encouraging with virtually everyone contributing their ideas. All are looking forward to completion of the new facilities and refurbishment next year. Myself, I am happy to be involved as part of the process.



I always look forward to Monday's, the day I come to the Day Hospice, I enjoy the banter, the chat, to be seen as a friend. I am full of admiration at the way people cope with their different health problems. The atmosphere is far from glum but if I can bring a smile or a laugh to the patients in our care, it makes being a volunteer at St. Gemma's all the more worthwhile.

## Volunteer vacancies

### FUNDRAISING

#### Driver's Assistants

- To go out on the vans with our drivers, posting bags through letterboxes then picking up filled bags and delivering them to the shops. No driving involved. The role involves set start times between 7.30am-8.30am.

#### Hospice Gift Shop

- Vacancies Thursdays 1 to 4 p.m, 4 to 6 p.m and Fridays 4 to 6pm.
- Shops**
- Volunteers always required at our shops for a few hours each week.

For the above roles please contact Sarah or Jane on 0113 218 5576

#### General

- To sell raffle tickets at various events.
- Jam makers and bakers for our fairs and Tea at 2 events.
- To help at our fairs and fundraising events throughout the year.

For the above roles, please contact Louisa on 0113 218 5559

#### Store Collectors

- To help with store collections in and around Leeds, holding a collection box at designated stores and representing and promoting the Hospice. Hours to suit, usually weekends.

#### Scratchcard Lottery

- To sell St Gemma's scratchcards from the St Gemma's lottery booth at Morrison's supermarket in Leeds City Centre. Hours to suit, both weekdays and Saturdays. Commission paid.

For the above roles, please contact Anne on 0113 218 5565

### SECURITY

- To help keep the Hospice secure in the evenings and at weekends. Please contact Ray Barcoe on 0113 218 5533

### WARDS

- To shop for patients on Sunday morning, visiting the local shops. Please contact Eileen or Judy on 0113 218 5500

# Gift Aid, a case of give & take

Many of you, no doubt, were pleased to hear the Chancellor announce in his last budget that Income Tax rates would be coming down from 22p to 20p in the £1 from April 2008. That means a bit more cash in your pocket for most people.

Unfortunately, it has a downside for charities, like St. Gemma's. The 2p cut in tax rates will actually mean a 3p per £1 reduction in Gift Aid. This is the means by which we are allowed to claim back the amount of tax you will have already paid for the donation(s) you give us.

For St. Gemma's, we are looking at a reduction of about £7,500 next year. However, for charities nationally, the amount is more like £75 million! That's a major blow for good causes across the board.

Nonetheless, we are looking at it in a positive light. If you've not yet signed up to Gift Aid for St. Gemma's (or any other charities you might support), then do! Gift Aid costs you nothing but means a lot more value to us. Even after April 2008, every £1 donated with Gift Aid will be worth £1.25, that's a massive 25% increase in value. Please call our fundraising office for a Gift Aid declaration form or, complete an online declaration on our website at: [www.st-gemma.co.uk/giftaid/form.htm](http://www.st-gemma.co.uk/giftaid/form.htm)

**STOP PRESS** – in future, contributors to the **YEP Half and Half Appeal** will be able to Gift Aid their donations, so look out for the special coupons in the paper.



# Will Power

You may wish to help St. Gemma's but, because of current circumstances, you are not able to right now. A gift in your Will could be the answer to this.

Here at St. Gemma's we receive a large amount in donations from gifts in Will's. We have received gifts ranging from £250 to £250,000, and we are grateful for every pound we receive. A gift in your Will – a legacy – to St. Gemma's will help secure the long term future care of our patients.

Leaving a gift in your Will to St. Gemma's could not be simpler. If you haven't yet made a Will, then it can be done when you see your solicitor. If you already have a Will you can simply add a Codicil (an addition to it) specifying St. Gemma's Hospice.

If you would like further information about leaving a gift in your Will to St. Gemma's, or would like a free pack on making a Will, contact Gail on 0113 218 5506.



## Healthcare Assistant Training

St. Gemma's has a number of Healthcare Assistants (HCAs) working in both the In-Patient Unit and the Day Hospice. They are valued members of the care team and assist the registered nursing staff to provide high quality care to patients and their families. Their duties are varied but include promoting patients' dignity and comfort, providing emotional support, helping patients with washing and dressing, eating and drinking and mobilising.

The HCAs working in the Hospice are very experienced in providing palliative care. All have completed formal training but they are always hungry to further their skills, enabling them to contribute more to the team and enhance patient care.

Over the summer a number of HCAs were given the opportunity to learn how to monitor patient observations including blood pressure, pulse, temperature and blood glucose. The HCAs received training about diabetes, patient monitoring and an understanding of what blood pressure, pulse and temperature are.

After two days in the classroom, the HCAs were sent back to the wards to practice. Initially practising on staff, they graduated to practicing their skills on willing patients under the supervision of their registered nurse colleagues. The HCAs then took a formal assessment using staff as guinea pigs.

Our HCAs now have a deeper understanding of why observations are measured and more significantly, what this tells us about a patient's health. Many realised that it wasn't quite as simple as just attaching a monitor and writing down the numbers that come up on a screen.

Feedback from the HCAs suggested they had thoroughly enjoyed the training and welcomed the opportunity to put their learning into practice. **Catherine Malia**



*HCA Claire undertaking her formal assessment*

## Thank you to...

Anne Giliker, Stephen Kirk and Fiona Ashburn (pictured) for organising a **Golf Day and Ball** at Rudding Park, raising an amazing £10,000 for the Hospice. Guests at the Ball were treated to a wonderful evening and Anne, Stephen and Fiona had so much fun organising the event that they are keen to do it all again. Anne said,

“I will be forever indebted to St. Gemma's for the care and attention they gave my Daddy in his final months and fundraising feels like such a small thing to do to try to repay that debt. The Moors Ward became a lovely second home to our whole family during that difficult time, enabling us to spend as much time with my father as we could.”



Thanks to the 850 rowers who took part in this year's **Windermere Row**. It was lovely to see so many familiar faces and some new ones also. The fancy dress outfits this year were amazing and probably the best ever. Almost £60,000 in sponsorship has been raised so far and we are hopeful of reaching our £75,000 target. Pictured are team Farmers Boy in action. **The date for next year's Windermere Row is 7th, 8th, 14th and 15th June. Contact Elizabeth.**



# Seasonal Fundraising Ideas!

## Virtually Irresistible Christmas gifts!

St. Gemma's Hospice's virtual gift range offers a unique opportunity to buy your friends and loved ones a fantastic gift which contributes toward care at St. Gemma's. Visit [www.st-gemma.co.uk](http://www.st-gemma.co.uk) to view and select gifts online, or contact Rowan to have a gift catalogue posted to you. Once you have paid for your gift you will receive an attractive card to pass on to your recipient, allowing them to see how St. Gemma's will benefit from their gift. With gifts ranging from a £5 Christmas dinner for a patient to a Community Nurse visit costing £50, we have something to suite all budgets and tastes. Contact Rowan.

## Santa's Seasonal Stocking

Pubs, clubs and families from across Leeds will be housing Santa's stocking for a short while until one lucky winner can guess how many sweets it holds and take the rest of goodies home for Christmas. Contact Louisa.

## Letters to Santa

St. Gemma's have teamed up with Santa to try and help answer children's wishes this Christmas. Send your Christmas letters to St. Gemma's and for a £5 donation we will forward them to his secret grotto in Lapland where he will answer all the letters and send a small Christmas gift. Call Santa's elf on 0133 218 5565

## In Lieu of Cards

Instead of sending Christmas cards this festive season, why not make a donation to the Hospice and share a card or email with friends, family or colleagues. Contact Louisa.

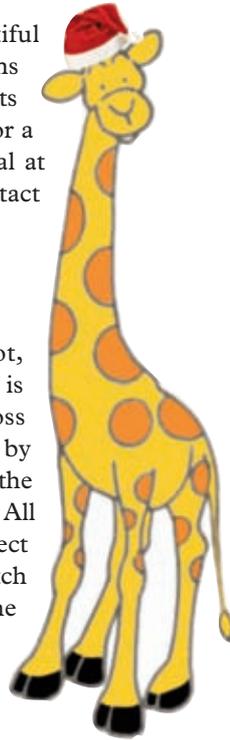
## Leeds Hospices Woodland

Why not give someone an environmentally friendly gift this Christmas? You can sponsor a tree in the Leeds Hospices Woodland on the Temple Newsam Estate. The trees generate much needed funds for St. Gemma's and Wheatfields Hospices but they also have a great positive effect on the environment. The woodland will help reduce the effects of pollution, provide food and homes for wildlife and a place

to visit with beautiful scenery for generations to come. It only costs £25, so why not sponsor a tree for someone special at this festive time? Contact Gail.

## Christmas Coin Card

St. Gemma's mascot, Gemma the Giraffe, is asking children across Leeds to collect money by doing good deeds in the run up to Christmas. All you have to do is collect the right coins to match the correct shapes on the Christmas tree coin card. Contact Louisa.



## Heartfelt thanks

Thank you to our Great North Runners, all those who took part in the Roundhay Run, our Harewood Hikers and Halloween Walkers, Clarins at House of Fraser, Leeds and all of our 'local heroes' who modelled at the Local Heroes Fashion Show in October. Thanks also to the Stepping Stones Car Boot, the Rotary Club of Leeds Elmete for holding a charity fashion show, Mr & Mrs Proctor & Mrs Bidgood for opening their gardens, all who took part in Dress Up Dress Down Day and in Gemma the Giraffe's coin card, Slinder Gill and everyone involved in the Sikh Religious Educational & Interfaith Event and Meanwood Church of England Primary School for holding a cross country event. Thanks to Irene Clarkson and everyone who took part in the sponsored mixed aerobics for raising over £5,000. Thanks to Michael Sorkin & Moor Allerton Golf Club for raising over £11,000 at this year's Golf Day, staff at Barclays, Privilege, AXA, British Gas, Carlsberg UK and KPMG for their ongoing support, the Royal Institute of Chartered Surveyors for raising £1,474 at their annual Ball, Atkins and Faithful+Gould, Hesco Bastion, Lawnswood Floral Designs & Tea Shop, the New Holland Gang, Rocol Lubricants, Corus UK Ltd, Npower, Alan Hegarty and all at Elland Road, all the Flag Day and Roundhay Park Bonfire collectors and Stratstone Honda.

## Forthcoming Events

### Roundhay Friends Quiz Night – Saturday 17 November

The Roundhay Friends of St. Gemma's will host a Quiz Night at the Hospice Conference Centre from 7.30 p.m. Tickets are £7 each including buffet. Contact Louisa.

### Christmas Market – Friday 30 November and Saturday 1 December

Join us for the St. Gemma's Hospice Christmas Market at the Hospice's Conference Centre. 4 to 8 p.m Friday and 10 a.m. to 3 p.m Saturday. Real Christmas Trees will be on sale as well as cards, decorations and gifts galore. Fill up on warming winter food, mulled wine and mince pies whilst enjoying our festive entertainment. Kids will find plenty to do with Christmas themed games and a visit to Santa's Grotto. Donations of bric-a-brac, baked goods and items for our bottle tombola will be gratefully received. Contact Rowan

### Light up a Life – Sunday 2 December

Join us for our outdoor ceremony at the Hospice, with carols, speakers and the lighting of the trees. For more information contact Andrew.

### Onstage Musical Extravaganza – Monday 3 December

Join us from 7.30 p.m at the Queen's Arms in Chapel Allerton for an evening of music, entertainment and comedy. Tickets on sale now. Contact Louisa.

### Sponsored Santa Dash – Sunday 9 December

Come along to our second 1 mile Santa Dash through the streets of Leeds. This is

a fun run with a difference so sign up to enter the festive spirit! The event will start with the Big Santa Warm Up, a spectacle not to be missed. If you would like to enter, or if you would like to help at the event, contact Laura.

### Band Night – Tuesday 11 December

Come along to a live Band Night at Carpe Diem in Leeds in aid of St. Gemma's and Heart Research UK. The event will run from 4 p.m until 1 a.m and will feature local bands and DJs. Contact Rowan.



### Sponsored Dog Walk – Sunday 3 February

St. Gemma's will be holding our annual Sponsored Dog Walk at Golden Acre Park from 11am on Sunday 3rd February 2008. This 4 mile walk around the picturesque lake, woodland and gardens is a fun family day suitable for dogs and humans of all ages. Entrance to the event is free, all that we ask is you and your canine cutie raise as much as you can in sponsorship money. You'd be barking mad not to join us. For further information contact Rowan.

### HMP Art Exhibition – 7-10 February 2008

Join us at The Light retail and leisure centre to see an exhibition of art from the in-mates of Armley prison. All income and sales will be donated to the Hospice. Contact Louisa.

### Retro Fair – 23-24 February 2008

Held in the Prout Conference Centre from 10 a.m – 4 p.m, there will be stalls selling a wide variety of vintage and collectable goods and even the odd antique. Contact Sarah.

### The Flora London Marathon 2008

If you have your own place in the 2008 Flora London Marathon, why not run in aid of St. Gemma's? We can supply you with personalised sponsor forms and a St. Gemma's running vest. Contact Rowan.

### Questions of Sport Celebrity Quiz & Dinner – Thursday, 6 March 2008

If you love sport and wish to pit your sporting knowledge against others then join us at Leeds United Football Club for our 5th Celebrity Sports Quiz & Dinner, sponsored by Clarion Solicitors. The event includes a drinks reception, 3 course dinner and the 'Questions of Sport' quiz. Last year's event was hosted by ITV Sports Presenter Gabby Logan and celebrity quiz masters included Grand National winning jockey Bob Champion, Leeds Rhinos star Kevin Sinfield and Olympic Gold Medal Winner Adrian Moorhouse. Contact Elizabeth.

### The Hope Ball – Friday 4 April 2008

This glittering black tie Ball will take place at the Queens Hotel on 4th April and is being held in aid of St. Gemma's Hospice and Cancer Research UK. Tickets cost £49 and include a drinks reception, 3 course meal and wine. After dinner there will be top class entertainment including a live band and DJ. For tickets contact Rowan

### Back to the 70s/80s Dinner Dance – Saturday 19 April 2008

This 70s/80s themed Dinner Dance at Leeds United is sure to be great fun for those who love nostalgia and want to dance to their favourite tunes from these 2 great musical decades. Tickets cost £38 and include a fizz reception, 3 course meal, dancing to the best of 70s and 80s music, including a special 'celebrity' cabaret guest, and some fantastic themed games and entertainments. Contact Elizabeth.



#### Contact Numbers (Area Code 0113)

Andrew	218 5280	Elizabeth	218 5575
Gail	218 5506	Laura	218 5557
Louisa	218 5559	Rowan	218 5505
Sarah	218 5576		

# Actress Liz Dawn and MP Fabian Hamilton Unveil the Wall of Light

Coronation Street actress Liz Dawn and Leeds North East MP Fabian Hamilton, were the VIP guests at the unveiling of the latest addition to our award winning grounds.

The Wall of Light, constructed from glass bricks, represents a celebration of life – a commemoration of the lives of those we have lost and a celebration of those special people and important events that still illuminate our lives.

The 94 bricks which make up the Wall of Light can be sponsored by Hospice supporters. Some people have sponsored a brick in memory of a loved one and we hope that the Wall and the area around it will provide a corner of peace and tranquility where they can remember that person. Some people have sponsored a brick in their own name to show their support for St. Gemma's or to celebrate a special anniversary or occasion.

The unveiling was attended by those who have already sponsored a brick and one family came from as far away as Glasgow to attend. Liz Dawn described the Wall as 'wonderful' and Fabian Hamilton said he was proud to be a part of the event.

To sponsor a brick in the Wall of Light please contact Elizabeth on 0113 218 5575 or visit [www.st-gemma.co.uk](http://www.st-gemma.co.uk).



## Corporate Connections

We have some fantastic events coming up in early 2008 for your company to take part in including a Celebrity Sports Quiz, Ball and Dinner Dance. These are great events for entertaining clients or for a staff night out. See previous page for the full events listings.

Writing out Christmas cards to all your clients and suppliers can be so time consuming. Why not make a donation to St. Gemma's Hospice in lieu of sending out all those Christmas cards? We can send you a special Christmas e-mail to send to all your clients/suppliers to show them that this Christmas you have made a donation to St. Gemma's Hospice.

We are looking for companies to field teams at the forthcoming White Rose Corporate Football Challenge to be held at Soccer City on 27 April. You could win the coveted trophy and some fabulous prizes.

For more information on any of the above, or if your company would like to support St. Gemma's and need some help and advice, please contact Elizabeth on 0113 218 5575 or at [elizabethb@st-gemma.co.uk](mailto:elizabethb@st-gemma.co.uk)

*Compliments  
of the Season  
to all our readers*

## Support from Leeds Building Society

The Hospice are grateful to Leeds Building Society for supporting St. Gemma's via a special savings account. If you open a savings account with Leeds Building Society and deposit £500 or more, they will donate £5 to the Hospice for each new account opened, plus 1% of the saver balance on an annual basis. Plus they will donate £100 to St. Gemma's when Hospice supporters take out a Leeds Building Society mortgage. Leaflets with all the information, terms and conditions are available from Elizabeth on 0113 218 5575.

## Don't be a Mug!!

St. Gemma's is proud to announce the arrival of its very own special mug. We have commissioned a lovely tulip design with the words, "Love Has No Measure" and our logo on the bottom.



These are now available for sale for just £1.95 each. The mugs will be a beautiful addition to anyone's home or office and everyone will know who you support whenever you take a sip! If you would like to buy one, they are available in the Hospice Gift Shop, or at any of our fairs. If you'd like to help us by selling them to your friends, colleagues or family, please call Sarah on 0113 218 5576.

St. Gemma's Hospice, 329 Harrogate Road, Leeds, LS17 6QD

Tel. 0113 218 5500 – Fax. 0113 218 5502 – email: [postmaster@st-gemma.co.uk](mailto:postmaster@st-gemma.co.uk) – Registered Charity No: 1015941