



Lisa & Paul's Story

“ My husband Paul was brave until the end ”.

A sentence I never thought I'd have to say.



Alec Stewart visits Paul and family (photo © Yorkshire Post Newspapers)

Paul was a fit and well 39 year old with two little boys of 6 and 1. He went jogging two or three times a week and was a loving husband and daddy with plenty of energy for fun with our boys. He had only felt unwell for two weeks so it was a complete shock when the doctors told us that Paul had a terminal brain tumour.

Paul was so brave and tried to fight the cancer. For a while there was hope and he even took part in the Abbey Dash raising money for charity whilst undergoing chemotherapy.

When the time came, we were so impressed with St. Gemma's and the way everyone took the time to get to know us and our boys. We were always told what was happening and what to expect.

Paul wasn't scared of dying but I didn't have much experience of death and I was afraid of losing him. Whenever I went to visit Paul, I was allowed to talk and the staff would listen and help me come to terms with the awful situation.

Paul loved cricket, so when Alec Stewart visited the Hospice, the nurses arranged for him to visit Paul in his room. At this point, Paul couldn't communicate very well, but you could see how happy he was in his eyes. The boys and I often look at the photo of us all with Alec Stewart - it is a great memory to have. Paul died in November 2009, 3 days after the Alec Stewart visit. He died peacefully. I can't thank everyone at St. Gemma's enough for how they looked after my lovely, brave husband and how they have supported me and more importantly our boys.

Last year a good friend of mine came to the Light up a Life service and sponsored a light in memory of Paul. I've still got the card with his name on. This year me and my boys hope to have the strength to sponsor a light, come to the service and enjoy our memories of the happy times. Please support Light up a Life so St. Gemma's can continue to help other families like mine.

If you would like to sponsor a light on the St. Gemma's Christmas trees, complete the form opposite and send it to us at the address given. Or visit www.st-gemma.co.uk or call 0113 218 5555.

LIGHT UP A LIFE 2010

St. Gemma's Hospice invites you to celebrate the memory of your loved ones, or honour someone special in your life, by supporting this year's Light up a Life Appeal. You can dedicate a light on our Christmas trees by using the form below. For each donation we will send you a personalised dedication certificate for you to keep or to pass on to the person you have honoured. You will also be invited to join us for a candlelit carol service. Your kind donation will allow us to continue caring for the hundreds of local people in need of our special care each year.

Your title

Your name

Address

Postcode

Phone

Number of lights you wish to sponsor

My Light is in memory of: (Please print clearly)

1

2

3

4

or My Light is a greeting to:

1

2

3

4

Number attending the ceremony at the Hospice
(Sunday, 5th December at 4 pm)

Number attending the ceremony at the Immaculate Heart
(Wednesday, 15th December at 6.30pm)

I enclose £

(cheques payable to St. Gemma's Hospice)

I wish to pay by: debit card issue no
credit card

Card number

Valid from / / Expires / /

Holder's name

Signature

Date / /

Add 25% to the value of your donation
Under the Gift Aid scheme we can reclaim the tax on all donations from U.K. taxpayers. This means we can increase the value of each donation by 25p for every pound you give. All you need do is tick the box below. We will do the rest.
Yes please treat any donations I have made in the past 4 years, and all future donations I make, as Gift Aid.

You must pay an amount in income tax or capital gains tax at least equal to the tax the Hospice reclaims on your donation in the tax year.



Please send this form in an envelope marked Light up a Life to: St. Gemma's Hospice, FREEPOST NEA9320, Leeds, LS17 7YY

Season of Change

2010

It is all change at St. Gemma's this winter as we welcome a new Chief Executive and new Chair of the Board of Trustees to the Hospice.

Kerry Jackson took up the role of Chief Executive on 1st November, replacing Bill Kilgallon who retires after 3½ years in post. At the same time, Dr Rosemary Macdonald, who has been a Trustee at the Hospice for 7 years, became Chair of the Board of Trustees. Dr Macdonald takes over from David Simpson who has been Chair for the past 3 years and a Trustee for 14 years. Bill Kilgallon said,



Bill Kilgallon and Kerry Jackson

“ This is an exciting time for St. Gemma's Hospice. I am delighted to be handing over to Kerry Jackson who has a wealth of experience in public and private sector healthcare. She has worked as Project Director for the St James's Institute of Oncology (Bexley Wing) at Leeds Teaching Hospitals NHS Trust and more recently as Chief Executive of Nova Healthcare based at St James's Hospital. I wish her all the best in her new role. I would also like to welcome Dr Rosemary Macdonald as our new Chair of the Board of Trustees and thank David Simpson for his support and commitment to the Hospice over many years. I would like to take this opportunity to pay tribute to the staff and volunteers of St Gemma's for their contribution to the life and work of the Hospice. And last but not least, thank you to our supporters, without whom the work of St Gemma's Hospice would not be possible. Thank you all and best wishes for the future.. ”



David Simpson and Rosemary Macdonald

We will hear from our new Chief Executive and Chair in the next edition of the newsletter.

Medical Students at St. Gemma's

Did you know that all fourth year medical students from Leeds University spend at least one day at St. Gemma's?

The students cover a range of topics including pain control, how to manage nausea and vomiting and caring for patients in the last few days of life. The students comment on how *well delivered and very interesting* the day is because it is interactive with case studies and various activities such as learning how to prescribe painkillers and tasting laxatives! The smaller group teaching also includes a tour of the Hospice and an opportunity to talk to patients. Feedback this year included comments such as

“ it was the first time I had spoken to someone so ill and so close to death – one of the most useful sessions I have had so far.

“ The Hospice is such a dreamy happy setting – totally different to the dark sad place I expected hospices to look like! ”

One of the highlights of the visit is the discussion about a patient with the different members of the multidisciplinary team including a doctor, nurse, physiotherapist, occupational therapist, complementary therapist, social worker and spiritual care staff. One student said that

“ nobody's ever put a session like that on where we get to discuss things with the whole MDT – really good, another said

“ amazing – we often talk about the importance of the

MDT but great to meet them and the level of team working ”.

Dr Jason Ward, Consultant in Palliative Medicine at the Hospice and lead for undergraduate palliative medicine education at the University said

“ it is a credit to the staff at the Hospice that the teaching they deliver is evaluated as some of the best in the medical school course ”

and that he is looking forward to increasing the teaching the Hospice delivers as the medical school course changes in 2011.



30th Anniversary Windermere Row

4th, 5th, 11th & 12th June 2011

Be a part of the history of St. Gemma's Hospice!

The Windermere Row is the longest running event in aid of St. Gemma's Hospice and in 2011 celebrates its 30th anniversary. Since the event started, thousands of people have rowed Lake Windermere and over £1.5 million has been raised for the Hospice.

The Row was started in 1981 by Derek and Margaret Mason and Reg and Doris Miller, supporting Canon Lyons to raise much needed funds to expand St. Gemma's, which was a very small and new Hospice at that time. Little did they know that 30 years later, the event would be going from strength to strength. Some people have rowed every year since the event began and last year, one couple even incorporated the Row into their wedding ceremony! Whether you are a team of work colleagues, friends, family or club members, the Row is a fabulous and fun day out in support of our patients.

The event is simple – just row a wooden rowing boat on Lake Windermere in the stunning Lake District. Teams of 2-8 people row 10 miles from Ambleside to Bowness and back or 21 miles from Ambleside to Fellfoot and back. The 2011 Windermere Row will take place on 4th, 5th, 11th & 12th June and you can row on any of these dates, subject to availability. It is free to enter this event – all we ask is that you and your team get sponsored for taking part. Boats are provided and all participants receive a commemorative medal. Some rowers come in fancy dress and there are prizes for the best fancy dress:



There are always a few pirates



This nautical team really look the part

For those with a competitive spirit, there are 7 trophies for the fastest teams:



Full steam ahead for the fastest time



Proud of their impressive performance

Whether you are in it to win it or just up for a laugh, the Row is a first class social and fundraising occasion. Why not join in the fun in 2011 and be a part of the history of this event and St. Gemma's Hospice? For more information or to book a boat on any of the days, please contact Elizabeth on 0113 218 5575 or elizabethb@st-gemma.co.uk

This event is very popular so please book early to avoid disappointment.

On your marks, get set ...

Ho, Ho, Ho!

**Saturday 11th December – 8.45am.
5K run around Hyde Park, Leeds.**

**Sunday 12th December – 10.00am.
1 mile dash around Leeds city centre.**

It's that time of year again where you can sign up for our extremely popular Santa Dashes. They really are the most fun and festive event to get involved in this Christmas.

They're a sight not to be missed, 100s of Santas running around to raise money for our vital cause. With a 21 piece brass band belting out festive music on the Sunday to entertain the runners and their supporters, it's guaranteed to get you all geared up for the festive season. With the 5k timed run on Saturday 11th December in Hyde Park, Leeds or the 1 mile dash in Leeds city centre on Sunday 12th December you can choose the one that suits you the best. Don't miss it, sign up today and be part of something special!

To enter either visit www.st-gemma.co.uk, email francines@st-gemma.co.uk or visit our NEW shop in Leeds Shopping Plaza (on the top floor opposite H&M) where you can register and collect your Santa suit at the same time.



The St. Gemma's Hospice Newsletter is produced four times a year and is sent to over 30,000 of our supporters. We hope you find it interesting and informative and if you have any comments we would love to hear from you. If you have a friend or relative who would like to receive a copy of our Newsletter, or if for any reason you would prefer not to receive this or other mail from St. Gemma's, please contact us. You can call 0113 218 5555, email: suel@st-gemma.co.uk or write to: Sue Lakie, St. Gemma's Hospice, Freepost NEA 9320, Moortown, Leeds, LS17 7YY.

The icing on the cake

St. Gemma's Hospice is already known for providing expert care and support to local people and their families. But it is often the work that quietly goes on behind the scenes that makes such a difference to our patients, their families and visitors. Here we highlight how we try to go the extra mile to make every day special at St. Gemma's Hospice.

Beyond expectations



A member of our Hospitality Team enjoys a laugh with a patient

“ I am so impressed by the care I have received from the St. Gemma's Hospice team. I have met so many kind people who don't just do their job but regularly go beyond expectations. It was my grandson's christening last weekend. I did not feel well enough to attend, but my family came to see me at the Hospice after the church service. When my nurse heard about the celebration, the staff brought some sandwiches and cakes to my room and made a real fuss of us. They even gave a gift to my grandson. That really was the icing on the cake for my family.

The Hospitality team treated me like I was the only patient in the Hospice – nothing was too much trouble for them. One day I mentioned to the Hospitality Assistant that I was really missing being at home and baking my favourite chocolate brownies. That afternoon, she came to bring me a cup of tea and presented me with a box of M&S brownies that she had bought during her break. That meant so much to me ...”

Quote from Mary, In-Patient at the Hospice.

Perfect haven



The Hospice received Gold awards in both Leeds in Bloom and Yorkshire in Bloom this summer

“ You should be very proud of your gardening team. Every inch of those grounds is given the same level of expert care and attention that is given to the patients inside the building. It was a pleasure to spend time in the *picture-postcard* gardens and I know that my dad appreciated the opportunity to spend some time in the perfect haven you have created. ”

Taken from a letter received at the Hospice.

Another busy year



St. Gemma's Hospice 'Annual Review' booklet is now available if you would like to find out what has happened at St. Gemma's in the past year. If you would like a copy, free of charge, please contact Sue on: 0113 218 5555 or email: suel@st-gemma.co.uk.

Every day meant so much



Art Worker, Susan, and Day Hospice patients admire their glass painting

‘She has spent many happy Thursdays in the art room over the last few months. She enjoyed meeting and befriending other people in Day Hospice. Thanks for making her last year so enjoyable and providing a focus for her art talents. Every day meant so much to her and we will treasure her artwork...’

Taken from a letter received from a patient’s daughter.

Jake at the World Cup

A football-mad teenager who has been coping with the death of his mother, was sent to this summer’s World Cup thanks to St. Gemma’s Hospice and Leeds based supermarket Asda. Jake, aged 14 and his dad, Adam were nominated by St. Gemma’s to go on a once in a lifetime trip to South Africa for the first week of the World Cup, which was donated by Asda.

Jake’s mum, Melanie, died of cancer in December 2009 and since then Jake has been supported by the St. Gemma’s Young People’s Service. Dan Bordoley, the St. Gemma’s Young People’s Worker explained,

“ We were asked to nominate several young people to be considered for this special trip to the World Cup by Asda as part of their community programme. I thought of Jake straight away. He loves playing and watching football and he’s had a difficult time throughout his mum’s illness and since she died. We’re grateful to Asda for their generosity and for helping us to send Jake and his dad on a trip of a lifetime. ”

Jake said, “We had a fantastic time. We saw two matches including the first England game and we went on a safari and to a water park. I am really happy that Asda donated and arranged the trip and that St. Gemma’s Hospice thought of me. We’ll never forget the experience. ”

To top it all off, Jake bumped into one of his football heroes during his trip, Leeds-born winger, Aaron Lennon.

Improving our facilities

The Refurbishment of the In-Patient rooms at the Hospice is now well underway. The first two bedrooms are already complete. Hoists have been installed, ventilation, lighting and flooring have been improved and there are better facilities for friends and relatives who wish to stay overnight.

As part of the refurbishment, all of the curtains, soft furnishings and bedding will also be upgraded and replaced. In order to comply with the Hospice’s stringent infection control standards all fabrics must be capable of being washed at 72 degrees so only certain fabrics are suitable and that is before you take into account people’s personal preferences on colour, pattern and design. A small committee has been formed which includes a nurse, the person in charge of housekeeping and the wife of a former patient.

Angela Perkins is on the committee and she told us, “It is a fun job to browse and choose fabrics but also a difficult one! We hope to choose fabrics which won’t date, are practical, attractive to patients and families and also have a bit of style about them. St. Gemma’s is proud of its *home from home* atmosphere and soft furnishings play a big part in this ambience so the choices made by the committee are very important.”

The refurbishment is being undertaken in eight phases so that we can continue to provide our vital care and services to as many patients as possible throughout the works. The total project is scheduled to be complete by April 2011.



Angela, centre and colleagues choose the soft furnishings

To support the Refurbishment Appeal,

**please phone
0113 218 5555**

**visit our website at
www.st-gemma.co.uk**

or donate via our JustGiving page

**[www.justgiving.com/
refurbishmentappeal](http://www.justgiving.com/refurbishmentappeal)**

Potty Cottage Garden

– 11th December until 24th December
– 21 Aberford Road, LS25 1PZ

The fabulous "Potty Cottage" garden will be opening again this Christmas, daily from 10am to 5pm. This wonderful garden is full of interesting flowerpot characters, dressed up for Christmas! The garden has won a number of Leeds in Bloom Awards, including Gold in 2010. Entry is by donation to the Hospice.

Since first opening the garden for Halloween in 2006 this garden has raised over £5000 for St. Gemma's.

A massive thank you to everyone that has visited the garden during this time, and to Valerie and Barbara for all their hard work and support. For more details *contact Tara*.



Coming up in 2010



Festive Collections – throughout December

Do you have a few hours to spare to help raise vital funds and promote St. Gemma's Hospice in the run up to Christmas? We have several opportunities to collect and/or pack bag at local supermarkets across Leeds throughout December, and are currently recruiting for volunteers. *Contact Tara*.

Festive Gifts & Crafts Preview Evening – Thursday, 11th November 2010 6pm to 9pm



Be one of the first to preview our Gift Shop's new Christmas gift range and take part in a Christmas crafts evening including wine, canapés and workshops. To be held at the Hospice. Tickets £7.50. *Contact Hayley*.

St. Gemma's Christmas Gift Sale Friday 12th November 10.00am to 6.30pm Saturday 13th November 10.00am to 4.00pm Sunday 14th November 11.00am to 4.00pm

Don't miss our fabulous three day Christmas Gift Sale to be held at the Hospice. The sale has a huge range of new goods including Christmas decorations, cards, jewellery and gift ideas for all the family - all gorgeous products at our famously low prices. There is free car parking and refreshments will be available. All major credit cards are accepted.

Christmas Market at the Hospice Friday 3rd December 3pm to 8pm

Saturday 4th December 2010 10am to 3pm

Come along to our very popular Christmas Market, where you can buy your Christmas Trees, festive decorations and food. We'll have everything you need for the perfect Christmas, all under one roof, with live entertainment and delicious refreshments available. Entry by donation. *Contact Hayley*.

Sponsored Santa Dash – 11th and 12th December 2010

Ho, Ho, Ho it's time to sign up for this year's Sponsored Santa Dashes. It's great fun, festive and raises money for our great cause! You can either sign up for the 5k Hyde Park dash on Saturday 11th December or the 1 mile Leeds city centre dash on Sunday 12th December. *Contact Fran*.

Vintage Fair – 11th & 12th December 2010 10am to 4pm at the Hospice



This has been another record-breaking year for our Vintage Fair. Come and join in this unique shopping experience for our last event of 2010, where we will be selling clothing, accessories, jewellery, artwork, furniture & home-ware, all dating from 1920s – 1980s. Entry by donation. *Contact Hayley*.

Contact Numbers: (Area Code 0113)

Fran 218 5505
or francines@st-gemma.co.uk
Hayley 218 5570
or hayleya@st-gemma.co.uk
Elizabeth 218 5575
or elizabethb@st-gemma.co.uk
Pauline 218 5555
or paulines@st-gemma.co.uk
Tara 218 5565
or tarag@st-gemma.co.uk
General Fundraising enquiries –
218 5555
or fundraising@st-gemma.co.uk

Virtual Gifts and Occasions

We know how sometimes it can be hard to think of a new idea for a gift so we have a range of Virtual Gifts available for you to buy to mark any occasion. Make a donation by purchasing a 'Virtual Gift' for a friend or relative in lieu of sending them a present and you will receive a card to forward onto them.

In addition to this, we sometimes find that people would rather support St. Gemma's than receive personal gifts at a time of celebration, such as a Christmas party, anniversary or a special birthday. This is easy to do by asking friends, relatives and guests to send a donation to the Hospice. To order your gift or for further information [contact Pauline](#).

Light up your House

Are you planning to 'bling' up your house with Christmas lights this year? If so, why not do it for St. Gemma's Hospice! Collect donations from passers-by that come to see your festive display and help us to raise extra money throughout December. [Contact Tara](#) for a free pack.



Guess the Christmas Bear's Name

Order one of our free, cute, cuddly bears and ask your customers, school children, club or group to guess his name for a £1.00 donation for the Hospice throughout December. We will deliver him to your door along with a free pack and some tasty festive treats. The lucky winner can then take him home in time for Christmas! To order, please [contact Tara](#).

Christmas Gifts to Sell



Would your school, shop, pub or group like to support St. Gemma's by selling Christmas gifts? Our range of festive items can be delivered to your door, free of charge, on a sale or return basis and each gift costs only £1.00 to buy! [Contact Tara](#).

2011 Dates

Swim the Panama Canal

– November 2010 to March 2011

It's time to get in shape before the Christmas Party so why not take part in our first ever Swim the Panama Canal Challenge and attempt to swim 48 miles in 12 weeks in your local swimming pool or gym. You can start on a date that suits you. So get in ship shape for the festive season! [Contact Fran](#).

Sponsored Slim

– November 2010 to March 2011

Are you having trouble motivating yourself to shift those stubborn pounds? Sign up to our sponsored slim and raise money for us at the same time – then you have no reason to quit. People have shed stones doing this challenge for us in the past so why not give it a go. [Contact Fran](#).

Indoor Car boot Sales – Various dates

Would you like to have a clear out and rid your house of clutter whilst making some money for yourself and your local Hospice? We have sales organised for Saturday 22nd January, Saturday 26th February and Saturday 19th March 2011. The sales will be held at the Hospice Conference Centre, and are open to the public from 10am to 1pm. [Contact Tara](#).

Strictly Learn Dancing 3

– January to March 2011

We are currently looking for 10 men and 10 women who are not dance trained to take part in our Strictly Learn Dancing 3 competition. Participants will be partnered up and taught two different styles of ballroom over an 8 week period in preparation for the big night in March. It's free to take part we only ask that you raise as much as possible through sponsorship. [Contact Tara](#).

Sponsored Dog Walk

– Sunday 20th February 2011

Our annual dog walk will be taking place at Golden Acre Park. Dogs and owners will be sponsored to walk on a 1, 3 or 6 mile route around the picturesque lake, woodland and gardens. [Contact Tara](#).

February Skydive – 26th February 2011

Set yourself a challenge for the New Year and join in our sponsored skydive. Raise the minimum sponsorship of £395 and your jump cost is free. Places are limited so book early to avoid disappointment. [Contact Hayley](#).

Alternative Therapies Evening

– 4th March 2011

An opportunity to learn more about alternative therapies, with a wide range of treatment sessions available you can get to understand what's best for you all in one evening. A great excuse for you and your friends to pamper yourselves. Keep an eye on our website for details. [Contact Hayley](#).



Big Ceilidh 3 – Thursday 17th March 2011

Come and join in our St. Patrick's Day celebrations at the St. Gemma's Conference Centre. Let the Assumption Ceili Band lead you into an exciting mix of dancing, live music, food and fun! [Contact Hayley](#).

Questions of Sport Celebrity Quiz & Dinner

– 24th March 2011

A great night of entertainment where teams of 10 show off their sporting knowledge in 6 rounds of sports questions, each round hosted by a celebrity from that sport. Guests will be treated to a drinks reception, 3 course dinner and then the quiz plus a picture round and 'what happened next' competition. The winning team receive the coveted trophy and a fabulous day out at a sporting event. Tables are for 10 people and cost £550. [Contact Elizabeth](#).

Midnight Walk – Saturday 14th May 2011

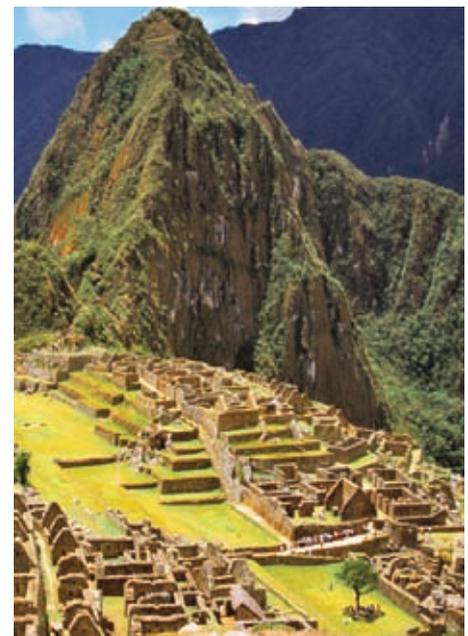
All details will be released in the next newsletter – alternatively you can visit our website to register your interest. [Contact Fran](#).

Leeds 10K - Sunday June 19th 2011

Help St. Gemma's keep running and take part in next year's Leeds 10k. We have 25 guaranteed places for this extremely popular event. Places go very quickly, so if you want to take part, don't hesitate and book your place asap. [Contact Hayley](#).

Overseas Challenges

We organise a number of sponsored treks, including 'Discover the Great Wall of China' (30th April – 8th May 2011) and 'Trek to Machu Picchu, Peru' (2nd May – 5th June 2011). If you and your friends or colleagues want to take part in a trip of a lifetime and help St. Gemma's at the same time, [contact Hayley](#).



Corporate Connections – from business suits to hiking boots



The team pose for a photo before embarking on the 30 mile trek along Hadrian's Wall

When a team of bankers, lawyers and accountants from Barclays Corporate, Cobbetts LLP and Baker Tilly decided to support the Hospice, they took on a challenge of gladiatorial proportions and donned their trekking gear, to follow in the footsteps of the Romans along Hadrian's Wall. Over 3 days in September, an intrepid team of 27, including Elizabeth and Tracie from the Fundraising Team at St. Gemma's, walked a 30 mile stretch of the Roman remains.

The challenge was tough and by the end of the trek there were blisters and aching limbs a-plenty. However, all thought it was well worthwhile as over £12,500 has been raised for our Refurbishment Appeal thanks to the three generous companies matching the amount of money raised by their employees. We'd like to thank all those who participated for their hard work.

'Crime' does pay for our patients!

Our 2nd Jail & Bail event in September saw 7 good sports 'arrested', 'tried' and 'imprisoned' for their 'crimes' which included having bad taste in music, owning a caravan and crazy dance moves! All in good fun and all in aid of our patients. Thanks to those who kindly sponsored our own Ward Manager, Sue Taylor, to get out of jail helping her to raise over £4,000. Also thanks to West Yorkshire Police, Leeds Town Hall staff and Eric Ambler, our 'Judge', for their invaluable support. We shall raise over £10,000 from this event.



Our fabulous 'criminals' Dave Downes, Jonathan Webb, Nick Wakefield, Paul Meehan, Roger Hutton, Sue Taylor & Yvonne Dudhill – behind bars

Perhaps you and your colleagues would like to support St. Gemma's this Christmas but you don't fancy anything as strenuous as walking Hadrian's Wall. Here are some really simple ways that you can support St. Gemma's this festive season:-

- Buy our personalised corporate Christmas cards to give to your clients and suppliers. To see our range that you can have specially printed with your message and logo, contact Elizabeth on 0113 218 5575 or elizabethb@st-gemma.co.uk
- Buy our regular Christmas cards which can be ordered from our website at www.st-gemma.co.uk or call 0113 218 5555 for a brochure
- Make a donation in lieu of sending Christmas cards. We can send you a poster to display or a festive email to send to your colleagues letting them know you have supported St. Gemma's
- Do you do Secret Santa at work and simply don't know what to buy? Why not purchase one of our virtual gifts? See our range of virtual gifts on our website at www.st-gemma.co.uk
- Give a patient a very special gift by sponsoring a bed in our In-patient unit via our 365 Days of Care Appeal. Sponsor a bed and in return we'll send you a framed certificate to display and your company name will be featured in our reception area on the day you have sponsored. For more information contact Elizabeth on 0113 218 5575 or elizabethb@st-gemma.co.uk

A Big Thank You

We would like to take this opportunity to thank everyone who supported our Make a Will month in the autumn. We had a fantastic response. Gifts in Wills provide a vital source of funding for the Hospice. Last year 77 amazing people left a gift in their Will to St. Gemma's which, in total covered the running costs of the whole Hospice for 2 months. The gifts ranged from £100 to £500,000. A gift of any size left in a Will helps St. Gemma's provide the care and support our patients and their families need. If you would like more details about making a Will or supporting St. Gemma's Hospice, please contact Gail on 0113 218 5506 or gail@st-gemma.co.uk.



*Compliments of the Season
to all our readers*

St. Gemma's Hospice, 329 Harrogate Road, Leeds, LS17 6QD

Tel. 0113 218 5500 – Fax. 0113 218 5502 – email: postmaster@st-gemma.co.uk – Registered Charity No: 1015941