



Autumn/  
Winter 2013

# newsletter

## Light up a Life

**Each year St. Gemma's Hospice lights up special trees outside the Hospice with thousands of lights, each light sponsored in memory of someone special.** The trees provide a spectacular memorial tribute that will be lit throughout the festive season. Here at the Hospice we are aware that this season can be difficult and our Light up a Life campaign helps to remember those who cannot be with us at this special time.

The lights on the trees are switched on during special ceremonies that take place at St Gemma's Hospice on Sunday 8th December or at Immaculate Heart Church on Wednesday 18th December. The lights remain lit until 6th January.

For anyone who is unable to attend the ceremonies, we can offer a special home pack which includes a candle, prayers and readings. Each person sponsoring a light has their own special reason for taking part and we hope that they receive some comfort and solace from Light up a Life.



When you sponsor a light you will receive a special commemorative card bearing the name of each person remembered in this special way. There are 3 easy ways to donate and sponsor a light:

- 1. By internet:** to make an online donation visit [www.st-gemma.co.uk](http://www.st-gemma.co.uk) and click on 'Light up a Life'
- 2. By phone:** to make a credit or debit card donation, telephone **0113 218 5555**. Lines open Monday - Friday 9am - 5pm
- 3. By post:** complete this coupon and send it along with your donation to our freepost address.

**There is no set donation for each light, all we ask is that you are as generous as possible. Each contribution helps the Hospice to care for patients and families who are facing a terminal illness this Christmas.**

### Light up a Life 2013

You can dedicate a light on our Christmas trees by using the form below. Your kind donation will allow us to continue caring for the hundreds of local people in need of our special care each year.

Your title

Your name

Address

Postcode

Phone

Name for dedication	£
1	<input type="text"/>
2	<input type="text"/>
3	<input type="text"/>
4	<input type="text"/>
5	<input type="text"/>

I will be attending the ceremony at the Hospice  (tick)  
(Sunday 8th December at 4pm)

I will be attending the ceremony at the Immaculate Heart   
(Wednesday 18th December at 6:30pm)

I would like a home pack

I enclose £   
(cheques payable to St. Gemma's Hospice)

I wish to pay by: debit card  issue no   
credit card

Card number

Valid from  /  /  Expires  /  /

Holder's name

Signature

Date  /  /

#### Add 25% to the value of your donation

Under the Gift Aid scheme we can reclaim the tax on all donations from U.K. taxpayers. This means we can increase the value of each donation by 25p for every pound you give. All you need to do is tick the box below. We will do the rest.

Yes  please treat any donations I have made in the past 4 years, and all future donations I make, as Gift Aid.

I confirm I have paid, or will pay, an amount of Income Tax and/or Capital Gains Tax for the current tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASC) that I donate to will redeem on my gifts for the current tax year. I understand that other taxes such as VAT and council tax do not qualify.

**Please send this form in an envelope marked Light up a Life to:  
St Gemma's Hospice, FREEPOST NEA9320, Leeds, LS17 7YY.**



**Christmas Market at the Hospice**

**6 & 7 December**

**Real trees on sale**



# Christmas Cards & Gifts

Our lovely new range of Christmas cards is now available in all of our charity shops, at the Hospice, online at [www.st-gemma.co.uk](http://www.st-gemma.co.uk) and by mail order form.

There is something to suit all tastes and pockets and the best news is that 100% of profits support patient care. If you require an order form, more details or if you are able to help by selling some packs of cards on our behalf, please call **0113 218 5558**.

Virtual gifts offer a unique way to send best wishes to a loved one whilst also helping your chosen charity. In return for a donation to St Gemma's you will receive a card with voucher to send to your friend or relative in lieu of an actual gift. There is a wide selection to choose from – visit any of our shops, our website or phone Sarah on 0113 218 5558 for a catalogue.

Come along to the Hospice for our Christmas gift sale. This takes place on Friday 1st to Sunday 3rd November, 10am – 4pm. We will be showcasing a wide variety of gifts and cards.



## Department of Health award funds an exciting new ROWAN room

We are pleased to tell you that, thanks to a grant from the Department of Health, we will shortly be creating two ROWAN rooms at the Hospice. ROWAN stands for 'Room Operated Without Asking Nurses' and we are looking forward to the new developments in our In-Patient Unit.

Our new ROWAN rooms will be equipped with an environmental control system with sensors and devices linked via infra-red to an easy-to-use controller, which will allow patients with a variety of physical limitations to continue to do everyday things for themselves. This could be switching on a light, opening the

curtains, making a telephone call or changing TV channels. The state-of-the-art rooms will allow patients to control their immediate environment so they can enjoy greater privacy, comfort, security and increased independence.

When people have physical limitations, whether they are elderly, physically disabled or have an end-of-life illness, one of the things they value most is a feeling of independence. Being able to do small but important things for themselves makes all the difference to their quality of life and we are really pleased to be able to offer this to our patients for the first time.



## Securing Your Hospice for the Future

Back in the spring we announced proposals for a staff restructure as a result of an internal review across the organisation. The changes were proposed to secure the work of the Hospice for the future.

After a very productive consultation period with the team, the new structure was agreed. A number of really useful ideas and suggestions were made by staff and some were adopted. This meant that the initial estimate of the number of likely redundancies in each area reduced considerably. Although some redundancies were made, the majority of these were voluntary and the impact of the redundancies was much less than originally expected. We have supported those affected by the changes.

We are still implementing our new structure and it is anticipated that this will be finalised this autumn. In the meantime, our expert care and services continue as usual, thanks to the dedication and support of the Hospice team. The patient to nurse ratio is unchanged in the new structure.

We are confident in our new efficient and more affordable structure, and we expect annual savings of over £400,000 to result. This has been a very difficult process for everyone involved, but it was essential to secure better financial balance and the security of the Hospice for the future.

Thank you to everyone for your ongoing support, it is needed and appreciated more than ever.

*Kerry Jackson*

**Kerry Jackson**  
Chief Executive



For further information about 'Securing Your Hospice for the Future' please email: [SecuringYourHospice@st-gemma.co.uk](mailto:SecuringYourHospice@st-gemma.co.uk) or contact the communications department on **0113 218 5557**.

## Animal magic

Even in times of crisis children still need to have fun and carers can benefit from a change of scenery. With this in mind, staff and volunteers from The St Gemma's Young People's Service took 19 children plus family members to the Yorkshire Wildlife Park recently. The weather was glorious apart from a brief shower, giving everyone ample opportunity to enjoy all the Park has to offer. New friendships were formed, and the children enjoyed getting up close and personal with some of the smaller animals.

Lion Country proved to be a firm favourite, closely followed by the meerkats whilst others preferred to let off steam in The Play Barn. The group re-assembled for ice creams at the end of the day, leaving the rest of the queue unimpressed whilst we collected all thirty seven of them!

Although the main aim of St Gemma's Young People's Service is to provide therapeutic support to those facing bereavement, social activities such as this provide a vital opportunity for taking time out and meeting others in a similar situation. No child likes to be the odd one out, and having fun with others can be a vital part of building up trust at such a difficult time.

We are pleased to say that the day was a roaring success and we look forward to many more in the future.

If you would like more information about the **St Gemma's Young People's Service**, please call **0113 218 5500**.

*"Thank you St Gemma's, it was lovely to meet new friends who understand how I feel"*



## Improving patient care through knowledge

Continual learning and teaching plays a major part in preparing and developing staff and volunteers to deliver effective, high-quality services across the Hospice. It is necessary not only to maintain performance, but also for individuals to meet professional requirements and achieve personal aspirations and for teams to meet their objectives.

The Hospice has always been committed to supporting learning and development activity and recently has appointed a new Head of Learning and Teaching called Trish Corcoran. Trish works within St. Gemma's Academic Unit of Palliative Care and leads a team who are responsible for the following areas:

- Internal training – mandatory, clinical, non-clinical and volunteers
- University Collaborations – medical undergraduates, pre-registration nursing students & Graduate Certificate Course
- Regional Professional Development – specialists in palliative care, Primary Care Professionals & Regional Health Care Professionals
- Clinical Placements and training – UK & International Professionals & Specialist Registrar training

There are many key developments within the Learning and Teaching department and these include:

- Implementing e-learning training, which is a cost effective, flexible and creative way of delivering some education and training
- Delivering communication skills training to community nurses across Leeds
- Reviewing and developing training for volunteers

A key aim of the department is to review and strengthen the education and training provided by the Hospice, to ensure that staff and volunteers can access appropriate education opportunities. This will enable them to continue to develop the skills and knowledge required to provide the best possible care for patients at the end of life and their families.

*"The knowledge gained has been invaluable...it has given me the confidence to discuss issues within practice."* A student on the Graduate Certificate in Palliative Care Course run at St. Gemma's.

If you would like more information please contact **0113 218 5500** or email [trishc@st-gemma.co.uk](mailto:trishc@st-gemma.co.uk)



**Trish Corcoran**, Academic Unit of Palliative Care

# Festive Fundraising

There are lots of ways you can get involved and help raise vital funds for our patients this festive season...

## Christmas fancy dress day - Friday 13 December

What better way to get into the Christmas spirit than dressing up as Santa or your favourite Christmas character for the day? Why not get sponsored in aid of St Gemma's.

Contact Tara.

## Christmas Hamper Raffle

We can provide your pub, school or club with everything you need to organise a Christmas raffle, including a fantastic prize (giant teddy and wine or chocolates) for the winner. All you need to do is ask people to buy tickets for £1 each. Contact Tara.

## Letter from Santa

In exchange for a donation to the Hospice Mr Claus has agreed to write a special letter to boys and girls who have been particularly good this year and to babies on their first Christmas. Contact Tara.

## Donations in lieu of Christmas cards

Instead of sending Christmas cards to colleagues, friends or even family, why not make a donation to St Gemma's Hospice? We can provide you with a huge Christmas card or poster to write your messages on. Contact Tara.

## Christmas collection volunteers needed

Are you able to spare a couple of hours this festive period by collecting in a local supermarket? Volunteers are urgently needed to help with collections or bag packing across Leeds. Hours are to suit. Contact Jenny.



## Festive gifts to sell

Would your school, shop, pub or group like to support St Gemma's by selling Christmas gifts on your counter or at your own Christmas fair? Our range of small festive items are supplied free of charge, on a sale or return basis and each gift costs only £1 to buy! Contact Jenny.

## Are you getting a new mobile phone for Christmas?

If so please donate your old mobile phone to us, regardless of its age or condition. Or you can take one of our mobile phone recycling collection boxes to collect mobile phones in your workplace or school. All phones can be recycled, however old or broken! Contact Jenny.

Please contact Tara on 0113 218 5559 or email tarag@st-gemma.co.uk or Jenny on 0113 218 5565 or jennyd@st-gemma.co.uk We Ho Ho Hope to hear from you soon!

# Liverpool Care Pathway

There has been a lot of media attention recently about the use of a care plan called the Liverpool Care Pathway or the LCP. The LCP is, in essence, a checklist that doctors and nurses use when a patient is thought to be within their last few days or hours of life. It acts as a prompt to make sure the patient is being offered the best care during this time.

St Gemma's Hospice has used the LCP to record the care given to patients. It has not been used to inform the decisions our clinical staff have made about the care provided. The Government has recently announced that the LCP will be phased out and replaced with an end of life care plan. In line with government recommendations we will phase out using the LCP to record our care.

Our clinical teams are already working with St Gemma's Academic Unit of Palliative Care to develop a new documentation tool to record the care we provide. Through nursing, medical and research teamwork, we are reflecting on the care we provide and ensuring we develop a document that is fit for purpose.

Whatever system is recommended to support patients in their last days of life in the future, please be assured that the team at St Gemma's Hospice will continue to put the patient and their family first and deliver compassionate, dignified, high quality, individualised care and support.

If you have any queries, please do contact me.

Cath Miller  
Director of Nursing  
0113 218 5500 or cathm@st-gemma.co.uk



# Hospice care needs YOU – And it's a need that's growing fast

St Gemma's Hospice is joining forces with more than 100 hospices across the UK to highlight the growing need for hospice care during Hospice Care Week (7-13 October 2013).

The demand for hospice care is rising rapidly, with a huge expected increase in the number of older people in the UK over the next 20 years, as well as more young people living for longer with life-limiting conditions.

## Did you know?

- Hospice care helps seriously ill people and their families to live well when every moment counts.
- St Gemma's Hospice needs you to raise awareness about the amazing care they give so that hospice care is there for future generations. Every action counts.
- Hospice care is quality care. To a hospice you are not just another patient; you are you. Hospices provide care that is as unique and personal as you are because you count.

Cath Miller, Director of Nursing at St Gemma's Hospice said: 'St Gemma's Hospice is excited to be a part of this year's Hospice Care Week, which focuses on the growing need for hospice care. Everyone facing the end of life should be able to live well in a supportive and caring environment for the precious time they have left, and be able to die in the place of their choice. This Hospice Care Week we want supporters, patients and volunteers to get involved by helping the voice of their local hospice be heard. Please join us and speak out about the vital role that St Gemma's Hospice plays in our community.'

## How you can help

### 1. Make hospice care a local priority

Scrutinise and challenge your local decision makers to make sure they recognise and support the vital work of St Gemma's Hospice in our community.

### 2. Every penny counts

Make a regular donation, however small, it will help make our future income secure.

### 3. Put hospice care on the political agenda

Write to your local MP and ask them to put St Gemma's Hospice and others like us on the national agenda.

### 4. Volunteer today

Over 100,000 people volunteer in hospices across the UK, over 600 of them volunteer at St Gemma's Hospice, but we need more. Without volunteers, hospices could not continue to do the work that they do. Please sign up today. See our website for more details.

## Thank you for your support.

For more information about Hospice Care Week, visit [www.hospicecareweek.org.uk](http://www.hospicecareweek.org.uk) or phone Nicola, Communications Manager on 0113 218 5557.



# Leeds Santa Dash - Sunday 15 December

Get festive fit and make room for more mince pies this Christmas!!

Join hundreds of Santas and other festive characters in Leeds city centre for this Christmas themed dash to raise vital funds for St. Gemma's Hospice.

Starting on Lands Lane opposite WH Smiths this is a merry event for all ages and abilities, you can even push your little ones round in their pushchairs. Registration starts at 9.00am, followed by the Big Santa Warm Up at 9.30am. There will also be a brass band in situ performing suitably joyful tunes.

The dash will start at 9.40am and will take you along various shopping streets (all pedestrianised); the view of hundreds of Santas together really is incredible! The kids just can't believe their eyes! It's worth rounding up your friends to come along and watch, and it's always a good excuse for some Christmas shopping afterwards!!

We ask each runner to raise sponsorship for the event. In return you will receive a Santa Suit to run in (and keep!) and refreshments after the race, provided at Little Tokyo, behind House of Fraser.

The entry fee is £8 which includes your Santa Suit (or £5 if you have your own suit!) Under 16's are free and are asked to come accompanied by an adult and in festive fancy dress and the best dressed will receive a prize!

To register visit [www.st-gemma.co.uk](http://www.st-gemma.co.uk) or call Elizabeth on 0113 218 5580. It really is the most fabulously festive morning!!



# Coming up in 2013

**Hold a Bake Off event for St Gemma's Hospice** 1st November or date of your choice

Get together with a group of friends, family or neighbours and make some yummy delights, while raising vital funds for your local hospice! **Contact Tara.**



**Leeds Art Exhibition and Sale** 24 to 27 October

See back page for full details. **Contact Fran.**



**Indoor Car Boot Sales**

Grab a bargain at one of our next sales on 19th October, 25th January, 22nd February and 29th March at the Hospice between 10am and 1pm, entry by donation. We are now taking bookings for stalls in 2014, £13 each. If you don't fancy running your own stall then why not just come along and bag a bargain? **Contact Jenny.**

**Global Challenges Open Evening**

16 October - 6:30pm

Want to challenge yourself over the coming year? Inspired by the Tour de France coming to Yorkshire? Want to get fit and see some of the world whilst raising funds for our Hospice? Then come to our open evening at the Hospice; meet participants who have already been on one of our global challenges, ask them questions, speak to specialist travel companies, pick up some additional reading and enjoy the free refreshments! **Contact Elizabeth.**



**George Michael Live Tribute Show**

24 October

Gusto Restaurant and Bar have kindly adopted St. Gemma's throughout October and are holding this event in aid of the Hospice; tickets are £30 and include a two-course meal and a drink. For tickets please call **Gusto** on **0113 267 2100.**

**Biz Quiz**

7 November

Come along to our Biz Quiz events at the Hospice. Arrive at 6pm for a delicious two course supper then compete in 8 rounds of questions, including interactive rounds and picture quizzes. Teams are for 4-6 people and the cost is just £13.50 each. Bar selling drinks and snacks throughout the evening. **Contact Tracie.**

**Christmas Gift Sale**

1 - 3 November

Come along to the Hospice for our Christmas gift sale. It takes place Friday 1st to Sunday 3rd November, 10am - 4pm. We will be showcasing a wide variety of gifts and cards to suit all ages and all budgets. Free car parking. Refreshments will be available and all major cards are accepted. **Contact Sarah**

**Vintage Fair**

16 & 17 November

Join us at the Hospice for this popular event, 10am-4pm. Entry by donation. Clothing, accessories, furniture, jewellery, vinyl and much more, all dating from 1920s - 1980s. In addition, have your hair and make-up done by our professional makeup artists and meet celebrity Leeds auctioneer Gary Don who will value your treasures for a small donation to our Hospice. **Contact Elizabeth.**

**Winter Ball**

30 November

The evening extravaganza at LUFC Centenary Pavilion starts with a sparkling wine reception followed by a sumptuous three course meal plus coffee and mints. After dinner enjoy dancing the night away with the award winning female harmony dance duo, Venus, plus our 'resident' DJ playing requests until 1:30am. Tables can be tailored to your choice - you can share a table with other party goers or have your own private table. Perfect for your office Christmas party or just a great get together with friends/family. £45 per ticket. **Contact Kairen.**

**Big Festive Flag Day Collection**

30 November



Please volunteer to collect with us on our annual flag day. Join our main collections at either Leeds City Centre or at the White Rose Shopping Centre. Or you can collect outside your local St Gemma's Hospice shop or on your local high street. As the collection is so close to Christmas we will be having a Christmas theme with a prize for the best fancy dress. Time slots to suit. **Contact Jenny.**

**Christmas Market**

6 & 7 December

At the Hospice from 3pm - 8pm on Friday and 10am - 3pm on Saturday. With an appearance from Santa himself, this market is great for all the family and a perfect place to stock up on Christmas presents, enjoy some hot, tasty food and treat yourself to a warming glass of mulled wine. Exciting stalls, raffles, tombolas, live entertainment with a brass band, plus you'll also have the chance to pick up and take home a high-quality, non-drop Nordman Christmas Tree at very reasonable prices! Entry by donation. **Contact Nicola.**

**Santa Dash**

15 December

See centrefold for more details or **contact Elizabeth.**

**St Gemma's Festive Open Garden**

12 December 6pm - 8pm

This Christmas why not come along to view our winter garden aglow with twinkling lights. There will also be a number of festive stalls for you to browse around, warm drinks, carol singers and mince pies. £2 entry, children free. **Contact Jenny.**

**Potty Cottage Christmas Garden**

21 - 24 December

The "Potty Cottage" (21 Aberford Road, Garforth, LS25 1PZ) award winning garden will once again be opening this festive season. Filled with interesting flowerpot characters all dressed up for Christmas, this is guaranteed to put you in the festive spirit! Entry by donation to St Gemma's. For further details please **contact Jenny.**

# ... And in 2014

**Biz Quiz**

30 January

Another popular Biz Quiz at the Hospice.

Teams are for 4-6 people and the cost is just £13.50 each.

Bar selling drinks and snacks throughout the evening. **Contact Tracie.**

**Fire & Ice Event**

February date tbc

A sponsored event that gives you the opportunity to take part in a motivational session designed to help you tackle your fears and then face them by walking on either fire or glass. **Contact Nicola.**

**Leeds Zumbathon**

23 February

Still as popular as ever, we are holding our 3rd sponsored Zumbathon at Xercise 4 Less Gym in Kirkstall. Join us for a 3 hour workout! There will be regular intervals and refreshments, so lots of chances to get your breath back. Burn up to 2,400 calories in this session alone - that's enough to burn off 9 portions of McDonalds fries! **Contact Nicola.**

**Bark in the Park**

23 February

Join us for our annual sponsored dog walk event at Golden Acre Park. There will be a choice of routes around the picturesque lake, woodland and gardens, with a goodie bag and certificate for each dog upon completion of the walk. Light refreshments for each walker. Entry is free, all we ask is that you raise as much sponsorship money as possible. **Contact Jenny.**

**Strictly Learn Dancing**

8 March

Recruiting dancers now! We are looking for budding dancers (no experience necessary) who would like to 'don those dancing shoes' and follow in the footsteps of the greats. Join us for this exciting opportunity to be trained by professionals. Dance lessons will commence in January to build up to the glittering Grand Finale in March! Perfect for a bride and groom wanting something extra special for their first dance! **Contact Jenny.**

**London Marathon**

13 April

We have five guaranteed entry places for this incredible international event. Contact us before 25 October to enter our ballot. **Contact Becky.**

**Leeds Half Marathon**

11 May

The Half Marathon is a brilliant challenge and a step-up from the 10K series for those who want to push themselves a little further. Sign up now to secure your place for 2014. **Contact Becky.**

**Leeds Midnight Walk**

17 May

Save the date for a great girls' night out. **Contact Becky.**

**UK Sailing Challenge**

Various Dates

Join a professional team and help sail a classic racing yacht from Poole in Dorset to the Channel Islands in aid of patient care. Know what it feels like to take on the seas and conquer the waves. **Contact Elizabeth.**



**Vietnam Hospice only Trek & Project**

October 2014

From mountain passes to breath taking views, this trek is a fantastic way to see the country. In addition, you can really get involved and create fantastic memories for you and the local community by participating in a project as part of your visit. **Contact Elizabeth.**



**Mt Toubkal Trek & Project in Marrakech**

June 2014

Experience this action packed trip of a lifetime in Morocco. Hike to the summit of Mount Toubkal and then assist on a community project in Marrakech. **Contact Elizabeth.**

**Cycle Challenges**

October 2014

We have a number of cycling challenges available on various dates including: London to Paris Bike Ride, Yorkshire Coast to Coast and Lands' End to John O' Groats. Tough but rewarding trips in aid of the Hospice. For more details, please **contact Elizabeth.**

## Events Contacts

(Area Code 0113)

**Becky** 218 5505 or bekyh@st-gemma.co.uk  
**Fran** 218 5505 or francines@st-gemma.co.uk  
**Jenny** 218 5565 or jennyd@st-gemma.co.uk  
**Kairen** 218 5537 or kairenb@st-gemma.co.uk  
**Elizabeth** 218 5580 or elizabethf@st-gemma.co.uk  
**Nicola** 218 5570 or nicolah@st-gemma.co.uk  
**Tara** 218 5559 or tarag@st-gemma.co.uk  
**Tracie** 218 5296 or tracieh@st-gemma.co.uk  
**Sarah** 218 5576 or sarahd@st-gemma.co.uk

[www.st-gemma.co.uk](http://www.st-gemma.co.uk)

General Fundraising enquiries:

218 5555

or fundraising@st-gemma.co.uk

## Support us while you celebrate

**Congratulations and thank you to Stephen and Margaret Everall who recently asked guests for donations to the Hospice instead of wedding gifts.** Friends and family thought this was a brilliant idea and a fantastic sum of £1,230 was raised. If you can support us in this way, we can provide customised cards, collection boxes and envelopes. We also have a range of fantastic pin badges with backing cards which can be personalised for your occasion. **Please contact Tara.**



# You have to be in it, to win it!

Our grand raffles are going from strength to strength. The summer prize draw raised over £30,000 for the Hospice which is fantastic. Thank you to everyone who bought or sold tickets. The winning numbers are:

- 1st prize – 021690 G.S
- 2nd prize – 151973 M.S
- 3rd prize – 130903 – Mr F
- 4th prize – 064700 – A.C
- 5th prize – 095981 – M.M
- 6th prize – 110334 – M.W
- 7th prize – 032040 – C.S
- 8th prize – 151160 – E.D
- 9th prize – 033806 – P.B
- 10th prize – 050611 – M.I

Congratulations to Mrs Gloria Sutcliffe who won first prize.

**Our Big Car Raffle starts now and we are over the moon to announce that 1st prize is a car! The car, a Suzuki Swift, has been kindly donated by Luscombe Suzuki and can be seen at the White Rose Centre during November and at some Hospice events. You may have tickets enclosed with this newsletter, but if not or if you require more raffle books, please contact the raffle hotline now on 0113 218 5555. Don't miss out on our best prize draw ever!**



I'll be remembered for my football obsession and remembering St. Gemma's

Find out more about leaving a gift in your Will at [st-gemma.co.uk](http://st-gemma.co.uk) or call 0113 218 5506



One of St Gemma's Trustees, John Ebo, took part in the campaign

## A final, lasting gift

**We are delighted to launch our new legacy campaign.** The aim of the campaign is to help promote leaving a gift to St Gemma's Hospice in your Will. Four Hospice volunteers, Eileen Coates, John Ebo, Sheila Miller and Malcolm Moss kindly agreed to feature in the posters which will be promoted around Leeds over the coming months. Keep your eyes peeled and let us know if you see one. Thanks to the volunteers for their expert modelling skills, and our gratitude to Principles Agency and Hylton Photography who designed and created this fantastic campaign at no cost to the Hospice.

The launch of the campaign coincides with St. Gemma's Make a Will Month in October which provides the opportunity to have your Will written in exchange for a donation to the Hospice. A leaflet about Make a Will Month should be included with this newsletter, but if not, or if you require more details about leaving a gift in your Will to St. Gemma's Hospice, please contact **Gail** on **0113 218 5506** or email [gailc@st-gemma.co.uk](mailto:gailc@st-gemma.co.uk)

# Leeds Art Exhibition and Sale 24-27 October The Grammar School at Leeds

**Our 13th annual Art Exhibition and Sale is coming up and it's one of the largest displays of art in the region!**

Join us for what promises to be a fantastic and varied display of art, all available for you to buy. From modern oils to traditional landscapes, photography, ceramics and pastels, there really is something to suit all tastes from over 800 exhibits. Affordable, original pieces created by both professional and up and coming regional talents. Prices range from just £20 to £800 and can make perfect Christmas, birthday or anniversary gifts. Whether you are an avid art fan or just like a piece because it looks good you will have a truly enjoyable experience at our event. Plus you can enjoy a fresh tea or coffee and delicious handmade cake or pastry from our on-site Art Cafe.

Entry to the event is just £3 and this includes a souvenir brochure listing all exhibits. Thursday to Saturday open 10am - 6pm, Sunday open 10am - 4pm.

For more details, please contact **Fran** on **0113 218 5575** or email [francines@st-gemma.co.uk](mailto:francines@st-gemma.co.uk)



You are receiving this Newsletter as you are a valued supporter of St Gemma's Hospice. We think it is important that we tell you about developments from around the Hospice and how we are using your donations.

You can opt out of receiving our mailings at any time, or ask to receive our Newsletter by email. Simply call 0113 218 5555 or email [jennymo@st-gemma.co.uk](mailto:jennymo@st-gemma.co.uk). Thank you for your support.



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