

## Our achievements in 2012/13...



Patients and their families remain at the heart of everything we do. We care for people from any background through a range of expert services delivered by a highly skilled and professional team.

This is what we achieved in the year:

- We cared for 616 patients in the In-Patient Unit.
- Our Community Team made 3,371 visits to patients in the familiar surroundings of their own homes and in care homes.
- We provided 2,180 day patient attendances.

“ The support from the St Gemma’s community team has been marvellous. They have enabled me to stay at home and carry on with my life..”



Community Nurse Specialist supports patient at home

- We provided bereavement support to patients’ families and friends either individually or through group work with 1,788 attendances at bereavement sessions. This included 658 attendances by children or young people.
- We were inspected by the Care Quality Commission and met all the essential standards for quality and safety.
- We provided a wide range of education sessions to enhance the knowledge and skills of a range of health and social care professionals in specialist palliative care, both within the Hospice and to external wider health and social care professionals.

“ My visits to the Day Hospice have really helped. I feel really cared for, safe and relaxed with all my new friends..”



Day Services care

- Our research and clinical trials activity continued to make progress through the St Gemma’s Academic Unit of Palliative Care in partnership with the University of Leeds. Ongoing research projects included improving pain management and the spiritual wellbeing of patients.
- We developed a DVD with information about the Hospice, its services and how they can be accessed. This was distributed amongst the healthcare community.
- We undertook an in-depth review of the efficiency and effectiveness of all our services to ensure we are using our limited resources in a patient-centred way.
- We provided all of this completely free of charge to patients and their families.

“ I know I can just get in touch and you will be there for us...”



Supporting children through their bereavement

## Financial information

### Summary of income 2012/13

Income	£'000
Donations and Fundraising	1,951
Legacies and Trusts	1,075
Shops and Lottery	2,751
Investment Income	211
Education and Research	190
Other	106
NHS	2,989
<b>Total Income</b>	<b>9,273</b>

### Analysis of expenditure 2012/13

Costs	£'000
In-Patient Unit	4,662
Community Team	763
Day Services	646
Bereavement Support	145
Education and Research	366
Shops and Lottery	1,753
Fundraising	860
Other	105
<b>Total Expenditure</b>	<b>9,300</b>

Full accounts for the year ended 31st March 2013, from which these figures are extracted and on which the auditors have issued an unqualified report, have been filed with the Registrar of Companies. Copies can be obtained from the Director of Finance on 0113 218 5555.

We are indebted to the local community for their valued and ongoing support of our work.

## How we are able to help

The services provided by St Gemma's Hospice are completely free of charge to patients, families and carers, but are not free to provide. The majority of the Hospice's annual running costs must be raised from donations and fundraising initiatives. We simply would not be able to continue caring for people with life threatening illnesses without the valuable and on-going support of the community. We are extremely grateful to all those who make donations, take part in fundraising events, leave a gift in their Will or help the Hospice in any way to continue its caring work.

" I would like to express my gratitude to everyone involved for the kindness, care and consideration I received from the moment I was greeted. I have just spent two weeks with your brilliant team who sorted out my problems and managed my treatment so effectively. Should you at any time question 'are we getting it right', my answer is an unequivocal 'yes!'"

Free expert medical and nursing care for patients



## St. Gemma's Hospice Annual Review 2012/13

A brief resume of our work and highlights of the past year

To make a donation to St. Gemma's Hospice, large or small:

- Visit our website: [www.st-gemma.co.uk](http://www.st-gemma.co.uk).
- Call us on 0113 218 5555 and donate with a debit or credit card on the phone.
- Send us your donation (cheques payable to St. Gemma's Hospice) to the address below.
- Visit one of our charity shops.
- Remember us with a gift in your Will.

Thank you.

For further information please visit:  
[www.st-gemma.co.uk](http://www.st-gemma.co.uk)



**St. Gemma's Hospice**  
**329 Harrogate Road,**  
**Moortown, Leeds, LS17 6QD**

**Hospice 0113 218 5500**  
**Fundraising 0113 218 5555**

Registered charity No. 1015941



" St Gemma's helped me to realise I wasn't alone. They have been there for me and my family and we will forever be grateful..."

## What we do

St Gemma's is for people who have life threatening illnesses with difficult symptoms to be managed and for their families. Care is based on a simple idea – that the person is more than the illness. Each of us – sick or well – has unique physical, emotional, social and spiritual needs. St Gemma's tries to respond to these needs in ways which place the highest value on respect, choice and empowerment.

Care is offered to patients in the Hospice's 32 bed In-Patient Unit, through our community team and via our Day Services, which includes a Day Hospice and Out-Patient's department. Our community services now include an Out-Patient clinic in Wetherby and we hope to continue to work more in community settings in the next year.

Care is provided by a range of specially trained staff; nurses, doctors, physiotherapists, occupational therapists, social workers, spiritual care chaplains, dietician, pharmacists, complementary therapists and others. Our expert team works together to ensure the needs of patients and carers are met. We also work closely with other care providers in the city.

Families and carers are also supported by the Hospice's specialist bereavement workers who provide support to all including children and young people.

In the last year, St Gemma's supported over 2,500 local people.

Please read on to find out what else we have achieved in the past year.



[www.st-gemma.co.uk](http://www.st-gemma.co.uk)