

Symptom Assessment and Management in Palliative Care Masterclasses

Facilitators: Expert clinicians in palliative medicine and care including consultant in palliative medicine, consultant nurse and other members of the Multidisciplinary Hospice Team.

Target audience: All healthcare professionals working in areas where patients and their families receive palliative and end of life care. It is particularly relevant for those who take a lead in palliative/end of life care within their area of practice as well as those who work in specialist palliative care.

Learning Objectives:

- gain an understanding of the pathophysiology of progressive incurable diseases;
- understand the physiology of pain and pain processing;
- examine the concept of total pain;
- assess and manage common symptoms in palliative care and apply basic principles to meet complex needs;
- recognise the value of the multidisciplinary team in managing a patient's symptoms and care.

Day 1: Wednesday, 27 March 2019

Time: 09.30am to 16.00pm
(registration from 09.00am)

Topics include: Introduction to Palliative Care; Holistic Assessment in Palliative Care; Pain Assessment; Pain Management; Assessment of Pain and Distress in Cognitive Impairment

Day 2: Thursday, 23 May 2019

Time: 09.30am to 16.00pm
(registration from 09.00am)

Topics include: Pathophysiology of Symptom Management -Nausea and Vomiting; Constipation and Mouth Care; Multidisciplinary team approach to symptom management-fatigue, cachexia, depression, breathlessness.

Cost: £80 for each study day (may attend either day individually) or £140 for 2 days

Venue: Academic Unit of Palliative Care
St Gemma's Hospice
329 Harrogate Road
Leeds LS17 6QD

Booking: Download a booking form from:

<https://www.st-gemma.co.uk/professional-development> or contact:

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