

SUMMER 2019



News

For St Gemma's supporters
www.st-gemma.co.uk



Lord Mayor of Leeds Charity Appeal funds St Gemma's nurse for a year

The Lord Mayor's Charity Appeal aimed to raise £20,000 for St Gemma's Hospice in the last 12 months. But thanks to the Lord Mayor and Lady Mayoress' commitment and the amazing generosity of the people of Leeds, the target has been smashed!

Kerry Jackson, Chief Executive of St Gemma's Hospice explained: "We were so privileged to be chosen as the official charity of the Lord Mayor's Appeal 2018/19. Councillors Graham and Pat Latty visited St Gemma's before they took over as the Lord Mayor and Lady Mayoress last year, and they had an instant connection with the Hospice team. They have been incredibly supportive of St Gemma's, attended many events and fundraised tirelessly with the help of their dedicated charity committee and team. They set out with the hope of raising enough money to pay for a nurse on the St Gemma's In-Patient Unit for a whole year. But thanks to their commitment, the successful Just One Day event in May and of course the big-hearted people of Leeds, their initial target was surpassed.

The latest total raised, with more money still coming in, is £65,000 which is phenomenal. This will fund a St Gemma's nurse for a year, and also a healthcare assistant, both of whom will work together to provide expert end of life care to around 100 local patients in the year ahead. We have also dedicated a patient's room to the people of Leeds, to say thank you for your ongoing and most generous support. We wouldn't be here without you."

The Lord Mayor and Lady Mayoress visited the Hospice in the final days of their mayoral term and met the staff whose roles will be funded by the Appeal in the year ahead. The Lord Mayor said: "It has been our privilege to support such a worthwhile, local charity. The work they do 24 hours a day, 365 days a year is remarkable and we should be proud to have them in our city."

"You matter because you are you, and you matter to the last moment of your life."

Dame Cicely Saunders, Founder of the Hospice Movement

THANK YOU

for making every moment count for patients, their family and friends



THANK YOU

"For helping my mum to die peacefully and pain free"

-

"For being there. The end of my husband's life was not an easy, peaceful passing but you helped ensure my husband did not suffer"

-

"For giving me quality time with my mother during her final days"



Become our Friend on Facebook
www.facebook.com/st.g.hospice



Follow us on Twitter
www.twitter.com/stgemmahospice

Registered Charity No. 1015941

PTO to make a donation to support patients and their families through their difficult journey.



Vital Volunteers

Images © Olivia Hemingway

Volunteers' Week was 1-7 June – a chance to say thanks to our volunteer team and celebrate volunteering in all its diversity. We're privileged to be supported by almost 900 volunteers, who collectively gave 125,000 hours last year – that's almost 350 hours a day!

Meet three of our volunteers - David, Kristen and Satwant:



David, Volunteer Van Driver

'Lynne, my wife, died in December 2006 and was in the Hospice for 4 weeks. I can't give back moneywise everything they did for her; that's why I volunteer as a van driver.'

Kristen, Fundraising Events Volunteer

'I've had the opportunity to get involved in lots of different activities from selling raffle tickets and tea and cakes at the fairs through to assisting at big events such as the Winter Ball. I particularly enjoyed throwing coloured powder at runners at a colour run!'

Satwant, Spiritual Care Volunteer

'The main work of spiritual care volunteers is to be with people and to help them. I speak three Asian languages and I don't have any particular focus on any minority faith or religion, so people find it quite easy to talk to me.'

We have a variety of volunteering roles available. Find out more: www.st-gemma.co.uk/volunteering, email volunteering@st-gemma.co.uk or call Hannah, Volunteers Coordinator on 0113 218 5193.

'Most of St Gemma's patients never set foot in the Hospice building'

In the last year, the St Gemma's community team made 4,438 visits to patients in their homes across the Leeds community.

Eileen Clark, St Gemma's Community Nurse (pictured left) explains: "Most people associate hospice care with the Hospice building itself. But the reality is that most St Gemma's patients choose to be cared for in their own homes - and may never set foot in the Hospice building."

Most people want to stay at home for as long as they can, so the St Gemma's community team works with the patient, their family and other health professionals, such as district nurses and GPs, to help make this happen. We provide information about care, advice and support on a whole range of things, such as medication, pain relief, helping unpleasant symptoms or emotional support – whatever people need to help them stay as well as possible, at home, for as long as possible."



The St Gemma's community team is made up of highly trained specialist nurses, supported by doctors, therapists and the wider Hospice team. So patients and their families benefit from many of the Hospice's services, delivered to them in the comfort of their own familiar surroundings.



Latest charity shop opens in Leeds city centre

The first St Gemma's charity shop in Leeds city centre opened its doors in May. The latest branch in the Hospice's growing retail chain is in the Merrion Centre, in between Max Spielmann and Jumbo Records.



Jane Kent, St Gemma's Head of Retail said: 'We are delighted to be a part of the thriving Merrion Centre and excited to be in the city centre for the first time. The location of our shops is key to their success, and as the Merrion Centre has great footfall and is well serviced for deliveries and parking, we are confident that our latest branch will be popular with both regular visitors and newcomers alike. We opened as a temporary pop-up shop late last year to make the most of the Christmas shopping period. But we closed at the end of December whilst that part of the centre was refurbished. We are now back in our new, large, airy shop and the first month of trading was very promising. We hope to see you there soon.'

In total, St Gemma's has 24 charity shops in its chain, collectively raising £3 million per year towards the vital work of the Hospice. We are currently recruiting volunteers for all of our shops. Please visit www.st-gemma.co.uk/volunteering for more details.



Mythbusting continues

The Hospice hosted a Myth Busting event recently as part of our community engagement work with Leeds Involving People. There were over 40 guests from a diverse range of organisations and communities across the city and we talked about the work of the Hospice and barriers that may prevent local people from accessing our services. A highlight of the day was the delicious lunch - a range of freshly made Caribbean and Indian dishes including jerk chicken, various curries, samosas and chapattis.

Pictured here is Hospice Chef Melvin Williams, with two unexpected guest chefs - Bhavisha Parmar, who usually works at the Hospice as a Housekeeper and Kawal Sharma who is normally serving food to patients. It was great to see their hidden culinary talents.

Make a Will Month - October 2019

Making a Will is one of the most important things you'll ever do, however a lot of people put it off. Recent research carried out by Royal London, YouGov, IRN Research and Orchard has revealed some interesting statistics about Wills:

- 5.4 million adults do not know where to begin when it comes to writing a Will.
- Around 54% of adults do not have a Will.
- Six in 10 (59%) parents do not have a Will, or have one that is out of date.

Each October St Gemma's works with local solicitors across Leeds to give you the opportunity to have your Will written in exchange for a donation to the Hospice. To register your interest or to find out more visit www.st-gemma.co.uk/makeawillmonth or contact Sophia.

Our new Gifts in Wills webpage goes Live!

Our fantastic new website contains lots of useful information about the benefits of writing a Will, tips for what to include, as well as details about the massive difference you can make to patients and families at the end of life by leaving a gift in your Will to St Gemma's: www.st-gemma.co.uk/yourlegacy

Raising funds to support patient care...

The Accumulator Challenge

1 July to 31 October

Are you and your colleagues a bunch of budding entrepreneurs? How much could you raise from a £50 investment - in just 30 days? That is St Gemma's challenge to all local businesses. This is a fantastic team-building opportunity for you and your colleagues, but not only that - it's the chance to get creative and challenge yourselves, whilst raising vital funds for St Gemma's. [Contact Catherine.](#)

Summer Fête

Sunday 7 July 11am – 4pm at St Gemma's Hospice

Come and join us at our annual Summer Fete, featuring lots of stalls, games, entertainment, a bar and various food stalls. This year we have even more entertainment on offer with a fairy door trail, ferret racing and circus skills. For more information [Contact Grace.](#)

G-Fest

Saturday 20 July 11am – 9pm Glebelands Playing Fields, Garforth

Back for a second year, our family-friendly music festival will feature an array of top musical talent performing on the main stage along with bars, food stalls and fun fair rides. Tickets are available from the St Gemma's charity shop in Garforth or from the Hospice. [Contact Pete.](#)

St Gemma's Big Family Fun Day & Classic Car Show

Saturday 3 August 10am – 4pm,
Temple Newsam

Our big family fun day is a great day out with lots to see and do including: stalls, bouncy castles, fun fair rides, climbing wall, food stalls, bar and entertainment, along with a fantastic array of classic cars on display. There's something for all the family to enjoy. [Contact Grace.](#)

G-Force Obstacle Run

Saturday 7 September, from 10am Roundhay Park

A brand new event for this year, our G-Force obstacle run will feature an array of man-made and natural obstacles across a choice of 5k and 10k routes. This fun but challenging event will have you climbing, crawling, swinging, sliding and even bouncing all the way to the finish line. [Contact Pete.](#)



Great North Run

Sunday 8 September, South Shields

We have places available in the biggest half marathon in the North. Come and join us and run for team St Gemma's. [Contact Emma.](#)

Leeds Night of the Proms

Friday 20 September 7.30pm, Leeds Town Hall

Come and join us for a special evening of spectacular classical music with the Leeds Symphony Orchestra. Featuring a programme of popular classics along with performances from the St Gemma's Hospice choir and other local choirs this is one event you don't want to miss. [Contact Lucy.](#)



Light Up Leeds Night Walk

Saturday 28 September, 7.30pm

This year we're introducing a new night-time sponsored walk, Light Up Leeds. Everyone taking part will be given a special lantern to carry with them to help us Light Up Leeds and show their support for St Gemma's. Whether you're walking in memory of a loved one or because you love Leeds, this is going to be one special night you won't want to miss. [Contact Emma.](#)

Yorkshire Marathon

Sunday 20 October, York

Join team St Gemma's and run for us in the last big race of the year. [Contact Emma.](#)

Winter Ball

Saturday 30 November, from 7.30pm, LUFC Centenary Pavilion

Get your friends, family and colleagues together and join us for a night of glitz and glamour at our annual Winter Ball. With a fizz reception, four course meal, live band, DJ, games and auction this is one of the best nights of the year. [Contact Lucy.](#)

Kindly supported by:
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Other ways to support us...

Organising your own fundraising event

If you would like to organise your own event or activity to raise money for the Hospice we are more than happy to help and support you with advice, information and fundraising materials. [Contact Anna](#) for further information.

Support St Gemma's through your workplace

We have some fantastic events and campaigns which your company can get involved with, helping raise vital funds for the Hospice whilst generating publicity and positive brand awareness for your company. For further details, [Contact Catherine.](#)

Save The Dates

Autumn Fair
5 October 2019
Christmas Market
6 & 7 December 2019
Light up a Life at the Hospice
Sunday 8 December 2019
Light up a Life at the Immaculate Heart Church
Wednesday 18 December 2019

Santa Dash
15 December 2019
Christmas Tree Collection
7 – 11 January 2020
Strictly St Gemma's
starting January 2020
Bark in the Park
Sunday 23 February 2020

Contact Details

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Lucy 0113 218 5580 or lucyw@st-gemma.co.uk
Pete 0113 218 5505 or petew@st-gemma.co.uk
Sophia 0113 306 9170 or sophia.last@st-gemma.co.uk
General: 0113 218 5555 or fundraising@st-gemma.co.uk

www.events.st-gemma.co.uk

Forever Flowers

Our new Forever Flowers are already in big demand, and they really are blooming lovely. For a donation to the Hospice, you can dedicate your flower to someone special. Display it in your home, plant it in a special place and be reminded of your loved one forever.

For more details please visit www.st-gemma.co.uk/foreverflowers, call Sophia on 0113 306 9170 or email sophia.last@st-gemma.co.uk

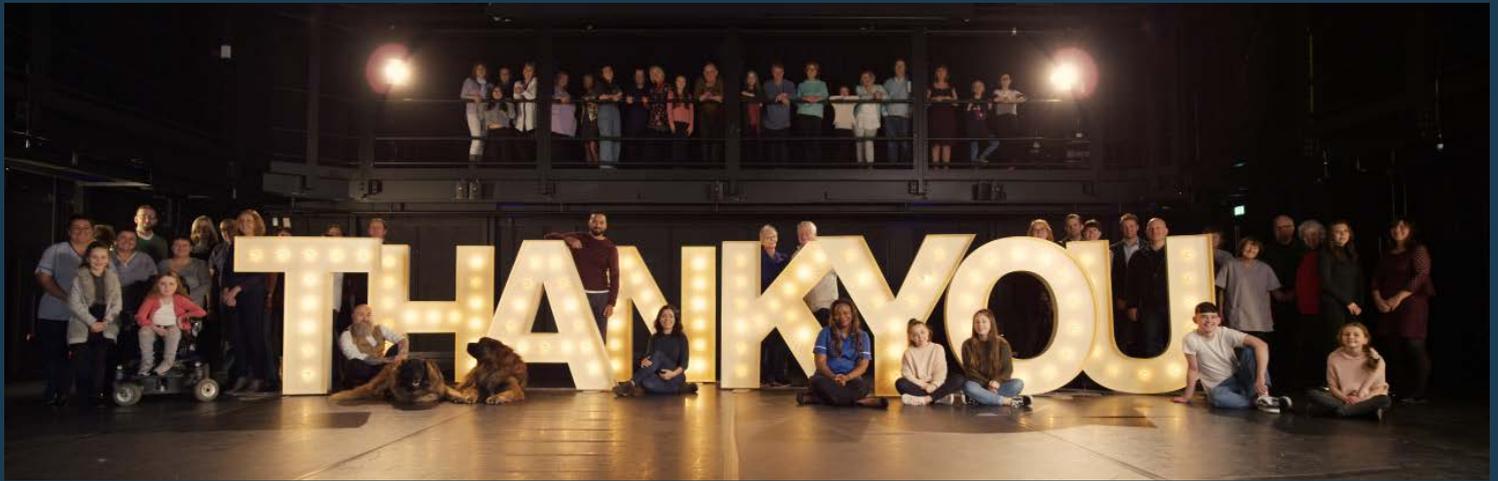


Shining a light on hospice care – to millions of viewers

You may remember that St Gemma's was part of a group of hospices who created a new TV commercial this spring to raise awareness of hospice care and thank the public for making it all possible.

The 30-second advert featured real hospice people such as doctors, nurses, patients, fundraisers and housekeepers. It aired across ITV1 throughout March and was broadcast 92 times being seen 9 million times. The website was visited thousands of times and St Gemma's directly received hundreds of donations.

If you missed the advert when it was on TV, visit www.st-gemma.co.uk/Thank-You



Gift Aid explained



Are you a UK taxpayer*? Sign up to Gift Aid today and increase the value of your donation by 25p for every £1 you give!

Last year, we claimed over £311,000 in Gift Aid to fund patient care, but thousands of supporters have not yet signed up.

You can Gift Aid your donations to St Gemma's in two ways:

1. Become a Gift Aider and we can claim Gift Aid for any money you donate to St Gemma's. We can even claim for donations that you made up to 4 years ago. Call us on 0113 218 5555 or visit www.st-gemma.co.uk/GiftAid to sign up separately to Gift Aid and make your donations go further.
2. Become a Retail Gift Aider and when we sell your items after you have donated them, we can claim an extra 25p for every £1 made from the sale. Ask for the form when you drop off your donation of goods.

Please note that you have to sign up for each scheme separately.

** To allow us to claim Gift Aid you need to be a UK taxpayer and understand that if you pay less tax and/or capital gains tax than the amount of Gift Aid claimed on all your donations in that year it is your responsibility to pay any difference. The donation must be from your own money and can't be a payment for a service or for goods.*

We really want to communicate with you and keep you posted about news, events and updates from across St Gemma's. We also want to show you how your support benefits local patients and their families. But we respect your decision if you wish to change how we send you information, or choose not to hear from us at all. Ring us on **0113 218 5555**, email supportercare@st-gemma.co.uk or update your preferences online: www.st-gemma.co.uk/mydata

Be part of our future... set up a monthly donation to St Gemma's Hospice.
Visit www.st-gemma.co.uk/monthly-donation or call Tara on 0113 218 5588