

# Introduction to Palliative and End of Life Care Programme

## Programme 1: February – April 2024

Do you provide support or care for people with a terminal illness, long-term condition or old age and frailty? This programme will help you to gain an understanding of palliative and end of life care, develop your skills and apply them to your practice.

The programme is taught by experts and clinicians working in palliative and end of life care and you will be supported in practice by a work-based mentor. Learning will be a mix of online and classroom based teaching with interactive activities and simulated scenarios.

### Who is the programme for:

This programme is ideal for Health and Social Care Professionals who are new to palliative and end of life care or who want to refresh their knowledge. This includes: Health Care Assistants and Support Workers; Registered Nurses and Nursing Associates; Allied Health Care Professionals; and Social Workers.

The programme is taught at an equivalent level to a level 3 qualification (e.g 'A' level) and can be used as evidence for Continuing Professional Development (CPD).

### FUNDED PLACES FOR STAFF RESIDING IN WEST YORKSHIRE

**Venue:** Virtual via Zoom and St. Gemma's Hospice AUPC

**Booking:** For further information and to book onto the programme, please email Emma Farrer on [AUPCCourses@st-gemma.co.uk](mailto:AUPCCourses@st-gemma.co.uk)



## Spring 2024 Programme Timetable

| Week  | Date                       | Time          | Location   | Topic   |
|---|----------------------------|---------------|--|---|
| Week 1  | Tuesday 27 February 2024   | 9am – 12.30pm | Zoom   | Introduction to the programme; Introduction to Palliative and End of Life Care – half day online            |
| Week 1  | Wednesday 28 February 2024 | 1pm – 4.30pm  | Zoom   | Holistic and multidisciplinary approach to symptom management – half day online                             |
| Week 2  | Tuesday 5 March 2024       | 9am – 12.30pm | Zoom   | Supporting people with Learning Disabilities/Dementia at the end of life – half day online                  |
| Week 2  | Wednesday 6 March 2024     | 1pm – 4.30pm  | Zoom   | Long Term Conditions and Frailty – half day online  |
| Week 3  | Monday 11 March 2024       | 9am – 12.30pm | Zoom   | Self-care and resilience – half day online  |
| Week 3  | Wednesday 13 March 2024    | 9am – 12.30pm | Zoom   | Preparation for assessment, how to read a journal article – half day on line                                |
| Week 4  | Thursday 21 March 2024     | 9am – 4pm     | SGH  | Communication skills and Advance Care Planning – full day classroom   |
| Week 5  | Thursday 28 March 2024     | 9am – 4pm     | SGH  | Care in the last days of life; Grief, loss and bereavement; Group academic Supervision – full day classroom |
| 1 <sup>st</sup> - 5 <sup>th</sup> April 2024 – Easter |                            |               |  |   |
| Week 6  | Thursday 11 April 2024     | 9am – 12.30pm | Zoom   | Ethics, Equity and Diversity – half day online  |
| Week 8  | Friday 19 April 2024       | 12MD          | Deadline for submission of written assessment and workbook |   |