

# The Principles of Palliative and End of Life Care

## Information for Candidates

### Who is the programme for?

Registered Health and Social Care staff who are band 4 and above (or equivalent), who want to enhance their knowledge and skills in palliative and end of life care.

Do you support or care for people with a terminal illness, long-term condition or old age and frailty? This programme will help you to gain an understanding of palliative and end of life care, develop your skills and apply them to your practice. The programme is taught by experts and clinicians working in palliative and end of life care and you will be supported in practice by a work-based mentor. Learning will be a mix of online and classroom based teaching with interactive activities and simulated scenarios.

### What are the programme dates?

**Autumn 2024: September – December 2024**

### What support will I receive?

To enrol on the programme you must have a workplace mentor in a senior role. Mentors will be invited to attend the introduction session. Mentors will support you to complete your workbook by evidencing how you implement your knowledge and skills into practice.

### Delivery Methods:

- Presentations and interactive lessons (classroom and online);
- Simulation;
- Peer networking (online forum);
- Tutorials;
- Workbook: based on End of Life Care Learning Outcomes and reflection;
- 1:1 supervision and mentor support.

### Aim of the course:

This is a twelve week blended learning course aimed at registered Health and Social Care staff who are band 4 and above (or equivalent), who want to enhance their knowledge and skills in palliative and end of life care.

### How long is the programme?

The programme is 12 weeks in length. All sessions are available to all candidates. Healthcare professionals are required to attend all (H) sessions and social care professionals required to attend all (S) sessions. Health care and social care professionals are required to attend all (H/S) sessions.

Academic supervisions will be arranged from week 2 to week 10.

A workplace mentor will support individual practice development.

### What is my commitment?

Candidates will require a laptop/iPad with camera and mic and internet connection for online sessions.

Candidates will be required to attend all sessions they are allocated to (H = healthcare professional, S = social care professional), complete a workbook and pass an oral poster presentation assessment.

Candidates must attend all full day classroom sessions and be absent for no more than two of the online topic sessions. If they are absent for a topic session they must arrange to meet with their academic supervisor to discuss the session.

### Where does the programme run?

The programme is run by **St Gemma's Hospice in Leeds**.

### How do I apply?

Complete an application form and ensure this is signed off by your line manager and returned to [AUPCCourses@st-gemma.co.uk](mailto:AUPCCourses@st-gemma.co.uk)

On completion of the programme, candidates are awarded a certificate of completion of the programme (equivalent to a Level 4/5 Award for Health and Social Care).

For further information, please contact Emma Farrer on [Emma.Farrer@st-gemma.co.uk](mailto:Emma.Farrer@st-gemma.co.uk)